

**BUPA STAGE 4  
NORWOOD to URAIDLA  
Friday 19 January 2018**

**128.2 km**

**POINT TO POINT**

<b>TIME</b>	<b>LOCATION</b>	<b>KM Travelled</b>	<b>KM To go</b>
<b>1130</b>	<b>The Parade, Norwood at George Street Start race neutral</b>	<b>0.0</b>	<b>9.2</b>
1134	Left turn from The Parade into Glynburn Road, Kensington Park	2.0	7.2
1140	Right turn from Glynburn Road into Lower North East Road, Glynde	5.3	3.9
1144	Right turn from Lower North East Road into Gorge Road, Campbelltown	7.0	2.2
<b>1148</b>	<b>Gorge Road, Newton at Hamilton Terrace End race neutral</b>	<b>9.2</b>	<b>0.0</b>
<b>1148</b>	<b>Gorge Road, Newton at Hamilton Terrace Race start</b>	<b>0.0</b>	<b>128.2</b>
1201	Gorge Road at Corkscrew Road, Castambul	8.7	119.5
1216	Gorge Road, Cudlee Creek at Hotel	18.9	109.3
1217	Left turn from Gorge Road into Tippett Road, Cudlee Creek	19.6	108.6
1220	Right turn from Tippett Road into North East Road, Chain of Ponds	21.7	106.5
1230	Albert Street (Main Street), Gumeracha at Hotel	28.2	100.0
1241	Shannon Street (Main Street), Birdwood at Hotel	35.4	92.8
<b>1241</b>	<b>Shannon Street, Birdwood near August Street Sprint #1</b>	<b>35.8</b>	<b>92.4</b>
1256	Right turn from Torrens Valley Road into Tungkillo Road, Mt Pleasant	45.4	82.8
1303	Left turn from Tungkillo Road into Randell Road near Tungkillo	50.0	78.2
1303	Right turn from Randell Road into Terlinga Road near Tungkillo	50.4	77.8
1323	Enter Onkaparinga Valley Road, Mt Torrens	63.4	64.8
1328	Veer Left at Mt Torrens Road to continue on Onkaparinga Valley Road near Charleston	67.0	61.2
<b>1333</b>	<b>Onkaparinga Valley Road, Charleston approximately 50 metres north of Graber Street Sprint #2</b>	<b>70.6</b>	<b>57.6</b>
1336	Right turn from Onkaparinga Valley Road into Woodside Road near Charleston	72.5	55.7
1341	Left turn from Woodside Road into Lobethal Road, Lobethal	75.4	52.8
1348	Right turn from Lobethal Road into Cold Store Road, Lenswood	80.0	48.2
<b>1350</b>	<b>Cold Store Road, Lenswood at Edwards Hill Road Hydration Station</b>	<b>81.5</b>	<b>46.7</b>
1352	Enter Fox Creek Road, Lenswood	83.3	44.9
1359	Left turn from Fox Creek Road into Cudlee Creek Road near Cudlee Creek	87.9	40.3
1402	Left turn from Cudlee Creek Road into Gorge Road, Cudlee Creek	89.7	38.5
1405	Gorge Road, Cudlee Creek at Hotel	91.7	36.5
1420	Gorge Road at Corkscrew Road, Castambul	101.8	26.4
1431	Left turn from Gorge Road into Maryvale Road, Campbelltown	109.3	18.9
1434	Right turn from Maryvale Road into Montacute Road, Rostrevor	110.9	17.3
1435	Left turn from Montacute Road into Stradbroke Road, Rostrevor	111.7	16.5
1436	Right turn on Stradbroke Road, Rostrevor	112.5	15.7

1437	Left turn on Stradbroke Road, Rostrevor	112.7	15.5
1437	Right turn from Stradbroke Road into Morialta Road, Woodforde	113.3	14.9
1439	Left turn from Morialta Road into Glen Stuart Road, Woodforde	114.0	14.2
1440	Left turn from Glen Stuart Road into Norton Summit Road, Magill	115.0	13.2
<b>1449</b>	<b>Norton Summit Road, Teringie near Teringie Road Subaru King of Mountain (category 1)</b>	<b>120.8</b>	<b>7.4</b>
1450	Enter Lobethal Road, Norton Summit	121.5	6.7
1452	Right turn from Lobethal Road into Woods Hill Road, Ashton	122.9	5.3
1455	Enter Tregarthen Road, Ashton	124.8	3.4
1457	Left turn from Tregarthen Road into Greenhill Road, Summertown	126.4	1.8
<b>1500</b>	<b>Greenhill Road (Main Street), Uraidla near Soldiers Memorial Hall Race finish</b>	<b>128.2</b>	<b>0.0</b>

**Approximate Race Duration: 3hours 12minutes**