

Route description

	KM from start	KM to end	KM/H 42	KM/H 40	KM/H 38
Start - Svinesund			11:10	11:10	11:10
2,3 km neutral zone					
Official start	0.0	153.9	11:20	11:20	11:20
Dynekilen	12,5	141.4	11:37	11:38	11:39
Strømstad	24,9	129.1	11:55	11:57	11:59
Intermediate sprint - Daftö	31.4	122.5	12:04	12:07	12:09
Båleröd	32.1	121.8	12:05	12:08	12:10
Sprint NOR/SWE border	53.4	100.5	12:36	12:40	12:44
Attention: Narrow and fast decent	54.7	99.2	12:38	12:42	12:46
KOM climb start	56.8	97.1	12:41	12:45	12:49
KOM - Glende	59.0	94.9	12:44	12:48	12:53
NOR/SWE border - entering Sweden	70.9	83.0	13:01	13:06	13:11
Vassbotten	71.1	82.8	13:01	13:06	13:12
Attention: Narrow bridge	71.3	82.6	13:01	13:06	13:12
KOM climb start	72.1	81.8	13:03	13:08	13:13
Attention: Gravel section 7km	72.8	81.1	13:03	13:09	13:14
KOM - Stabäckehult	73.4	80.5	13:04	13:10	13:15
Fagerhult	78.8	75.1	13:12	13:18	13:24
Feeding zone	79.8	74.1	13:13	13:19	13:25
Bästorp	90.4	63.5	13:29	13:35	13:42
Attention: Railway crossing	96.4	57.5	13:37	13:44	13:52
Kornsjø	97.3	56.7	13:38	13:45	13:53
Border sprint NOR/SWE border	97.5	56.4	13:39	13:46	13:53
Prestebakke	108.5	45.4	13:54	14:02	14:11
Bakke	116.6	37.3	14:06	14:14	14:24
Fredriksten fortress	130.8	23.1	14:26	14:36	14:46
Entering final circuit	133.5	20.4	14:30	14:40	14:50
Finish line - 3 laps to go	138.4	15.5	14:37	14:47	14:58
Finish line - 2 laps to go	143.5	10.4	14:45	14:55	15:06
Intermediate sprint - finish line	143.6	10,3	14:45	14:55	15:06
Finish line - 1 lap to go	148.7	5,2	14:52	15:03	15:14
Finish - Halden	153.9	0.0	14:59	15:10	15:23