

RACE SCHEDULE

BECCLES TO STOWMARKET

Neutralised section

New Market, Ballygate, Ringsfield Road, Ashman's Road, London Road, Peddars Lane, Ingate, Ellough Road, Southern Relief Road

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
			Start Neutralised		New Market, Beccles	10:30	10:30	10:30
0.00	157.6	0.00	Start Proper		A145 London Road	10:45	10:45	10:45
2.6	155.0	1.6	Sign		Shadingfield	10:49	10:49	10:48
5.5	152.1	3.4	Sign		Brampton	10:54	10:53	10:52
6.3	151.3	3.9		Keep Left		10:55	10:54	10:53
6.5	151.1	4.0	Junction	Right	B1124 Halesworth Road	10:56	10:55	10:54
7.9	149.7	4.9	Sign		Sotherton	10:58	10:57	10:56
8.5	149.1	5.3		Caution!	Sharp Right!	10:59	10:58	10:57
11.1	146.5	6.9		Keep Right	B1124	11:04	11:02	11:00
11.2	146.4	7.0		Keep Left	B11324 Beccles Road	11:04	11:02	11:00
12.6	145.0	7.8	Junction	Right	B1123	11:06	11:04	11:02
12.7	144.9	7.9	Sign		Halesworth	11:07	11:05	11:03
13.9	143.7	8.6		Keep Left	B1123 Quay Street	11:09	11:06	11:04
14.0	143.6	8.7	R/about	1st Exit	A144 Saxons Way	11:09	11:07	11:04
14.3	143.3	8.9	R/about	3rd Exit	Angel Link	11:09	11:07	11:05
14.4	143.2	9.0	M R/about	2nd Exit	Angel Link	11:10	11:07	11:05
14.5	143.1	9.0		Caution!	Sharp Left & Narrow!	11:10	11:07	11:05
14.5	143.1	9.0		Keep Left	Throughfare	11:10	11:07	11:05
14.9	142.7	9.3	R/about	3rd Exit	B1117 London Road	11:10	11:08	11:06
16.9	140.7	10.5		Keep Left	B1117	11:14	11:11	11:09
17.3	140.3	10.8		Keep Right	B1117 Halesworth Road	11:15	11:12	11:09
17.4	140.2	10.8	Sign		Walpole	11:15	11:12	11:09
18.7	138.9	11.6	Junction	Left	Peasehall Road	11:17	11:14	11:11
20.3	137.3	12.6		Caution!	Deer	11:20	11:17	11:13
21.6	136.0	13.4	Sign		Sibton	11:22	11:19	11:15
23.5	134.1	14.6		Keep Left	Poys Street	11:25	11:22	11:18
23.7	133.9	14.7		Caution!	Narrow Bridge	11:26	11:22	11:18
23.9	133.7	14.9		Keep Right	Pouy Street	11:26	11:22	11:18
24.3	133.3	15.1	TJunction	Right	A1120 The Street	11:27	11:23	11:19
30.0	127.6	18.7	Drinks	Start		11:37	11:32	11:27
30.4	127.2	18.9	Junction	Left	B1120	11:37	11:33	11:28
30.9	126.7	19.2		Keep Right	B1120	11:38	11:33	11:28
34.5	123.1	21.5	Sign		Framlingham	11:44	11:39	11:34
35.0	122.6	21.8		Keep Right	B1120 Badingham Road	11:45	11:40	11:34
35.0	122.6	21.8	Junction	Right	B1119 Saxmundham Road	11:45	11:40	11:34
35.1	122.5	21.8	Junction	Right	Castle Street Caution! Against One Way!	11:45	11:40	11:34
35.3	122.3	22.0		Keep Left	Church Street Caution! Against One Way!	11:46	11:40	11:35
35.4	122.2	22.0		Keep Right	Market Hill	11:46	11:40	11:35
35.7	121.9	22.2	M R/about	2nd Exit	B1116 College Road	11:47	11:41	11:35
36.6	121.0	22.8		Keep Right	B1116 Dennington Road	11:48	11:42	11:37
37.3	120.3	23.2		Keep Right	B1116 Dennington Road	11:49	11:43	11:38
38.7	118.9	24.1		Keep Left	B1116 Dennington Road	11:52	11:46	11:40
39.4	118.2	24.5	Sign		Dennington	11:53	11:47	11:40
39.9	117.7	24.8	TJunction	Right	A1120 The Street	11:54	11:48	11:41

Approximate distance of neutralised section 6.3km / 3.9miles

Distance of stage 157.6km / 98.0miles

Neutralised start 10:30

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
40.0	117.6	24.9	Junction	Left	B1116	11:54	11:48	11:41
41.2	116.4	25.6	Junction	Left	B1118 dir Stradbroke	11:56	11:50	11:43
43.6	114.0	27.1		Keep Left	B1118 The Thoroughfare	12:00	11:53	11:46
44.7	112.9	27.8	Sign		Brundish	12:02	11:55	11:48
46.9	110.7	29.2	Sign		Wilby	12:06	11:59	11:51
47.5	110.1	29.5		Keep Right	B1118	12:07	12:00	11:52
48.9	108.7	30.4		Keep Right	B1118	12:09	12:02	11:54
49.3	108.3	30.7	Sign		Stradbroke	12:10	12:02	11:55
50.1	107.5	31.2	Junction	Left	B1117 New Street	12:12	12:04	11:56
51.0	106.6	31.7		Caution!	Sharp Right!	12:13	12:05	11:57
52.5	105.1	32.6	Sign		Horham	12:16	12:07	11:59
52.9	104.7	32.9		Keep Right	B1117	12:16	12:08	12:00
53.0	104.6	33.0		Keep Left	B1117	12:17	12:08	12:00
56.4	101.2	35.1		Keep Left	B1117	12:22	12:14	12:05
59.4	98.2	36.9		Caution!	Sharp Left!	12:28	12:18	12:09
60.5	97.1	37.6	Sign		Eye	12:30	12:20	12:10
60.6	97.0	37.7		Caution!	Narrow Bridge!	12:30	12:20	12:11
61.2	96.4	38.1	TJunction	Right	Broad Street	12:31	12:21	12:11
61.7	95.9	38.4	Junction	Left	Castleton Way	12:32	12:22	12:12
63.8	93.8	39.7	TJunction	Left	A140	12:35	12:25	12:15
66.8	90.8	41.5	Sign		Stoke Ash	12:41	12:30	12:19
67.3	90.3	41.9	X.Roads	Right	Workhouse Road	12:41	12:31	12:20
68.1	89.5	42.3	Sign		Thornham Magna	12:43	12:32	12:21
68.2	89.4	42.4	X.Roads	Right	The Street	12:43	12:32	12:21
68.8	88.8	42.8	Junction	Left	Caution! Narrow!	12:44	12:33	12:22
71.5	86.1	44.5	Sign		Gislingham	12:49	12:37	12:26
71.9	85.7	44.7	Junction	Right	Mill Street	12:49	12:38	12:27
74.3	83.3	46.2	TJunction	Left	B1113 dir Stowmarket	12:54	12:42	12:30
74.9	82.7	46.6	Sign		Finningham	12:55	12:43	12:31
75.2	82.4	46.8	Junction	Right	Walsham Road	12:55	12:43	12:31
75.2	82.4	46.8	TJunction	Right	Walsham Road	12:55	12:43	12:31
79.6	78.0	49.5	Sign		Walsham le Willows	13:03	12:50	12:38
80.6	77.0	50.1	X.Roads	Left	The Causeway	13:04	12:52	12:39
81.2	76.4	50.5		Keep Right	Badwell Road	13:06	12:53	12:40
82.8	74.8	51.5	Sign		Badwell Ash	13:08	12:55	12:42
84.7	72.9	52.7	Sign		Hunston	13:12	12:58	12:45
86.2	71.4	53.6	Sign		Stowlangtoft	13:14	13:01	12:47
87.1	70.5	54.2		Keep Right		13:16	13:02	12:48
87.4	70.2	54.3	X.Roads	Right	A1088	13:16	13:03	12:49
90.0	67.6	56.0	R/about	2nd Exit	Stow Road	13:21	13:07	12:52
90.2	67.4	56.1	Sign		Ixworth	13:21	13:07	12:53
90.6	67.0	56.3	TJunction	Right	High Street	13:22	13:08	12:53
91.0	66.6	56.6	Junction	Left	Thetford Road	13:23	13:08	12:54
92.1	65.5	57.3	TJunction	Left	A1088	13:24	13:10	12:55

KM	KM to go		Feature	Instruction	Description			
	Miles	Miles				35kmph	38kmph	42kmph
91.9	65.7	57.1	Green Zone	Start		13:24	13:10	12:55
92.1	65.5	57.3	Feed Zone			13:24	13:10	12:55
93.2	64.4	58.0	Green Zone	Finish		13:26	13:12	12:57
93.5	64.1	58.1	Sign		Ixworth Thorpe	13:27	13:12	12:57
95.3	62.3	59.3	Sign		Honington	13:30	13:15	13:00
95.7	61.9	59.5	X.Roads		Troston Road	13:31	13:16	13:01
97.0	60.6	60.3		Keep Right	Green Lane	13:33	13:18	13:02
97.0	60.6	60.3	Sign		RAF Honnington	13:33	13:18	13:02
98.1	59.5	61.0	Sprint 1		RAF Honnington	13:35	13:19	13:04
100.2	57.4	62.3		Keep Right	Green Lane	13:39	13:23	13:07
101.6	56.0	63.2		Keep Left		13:41	13:25	13:09
101.8	55.8	63.3	TJunction	Left	A134 dir Bury St Edmunds	13:41	13:25	13:09
106.6	51.0	66.3	Sign		Ingham	13:50	13:33	13:16
109.8	47.8	68.3	R/about	3rd Exit	B1106	13:55	13:38	13:21
110.4	47.2	68.7	R/about	1st Exit	B1106 Culford Road	13:56	13:39	13:21
110.5	47.1	68.7	Sign		Fornham St Martin	13:56	13:39	13:22
111.3	46.3	69.2	Sprint 2		Fornham St Martin	13:58	13:40	13:23
112.1	45.5	69.7		Keep Right	B1106 Thetford Road	13:59	13:42	13:24
112.4	45.2	69.9	Sign		Bury St Edmunds	14:00	13:42	13:24
112.4	45.2	69.9	R/about	2nd Exit		14:00	13:42	13:24
112.5	45.1	70.0	TJunction	Right	Heveningham	14:00	13:42	13:24
112.6	45.0	70.0	T.Lights	Straight	Tollgate Lane	14:00	13:42	13:25
113.7	43.9	70.7	M R/about	2nd Exit		14:02	13:44	13:26
114.5	43.1	71.2	R/about	2nd Exit	Western Way	14:03	13:45	13:27
114.6	43.0	71.3		Keep Left	Western Way	14:04	13:45	13:27
114.8	42.8	71.4	T.Lights	Right	Newmarket Road	14:04	13:46	13:28
115.4	42.2	71.8	M R/about	1st Exit		14:05	13:47	13:28
116.1	41.5	72.2	R/about	1st Exit	Parkway	14:06	13:48	13:29
116.5	41.1	72.4	M R/about	1st Exit	Tayfen Road	14:07	13:48	13:30
116.7	40.9	72.6	R/about	2nd Exit	Tayfen Road	14:07	13:49	13:30
116.8	40.8	72.6	R/about	3rd Exit	Northgate Street	14:07	13:49	13:30
117.6	40.0	73.1	T.Lights	Left	Angel Hill	14:09	13:50	13:32
117.7	39.9	73.2		Caution!	Cobbles for approx 400m	14:09	13:50	13:32
118.1	39.5	73.4	TJunction	Left	Honey Hill	14:10	13:51	13:32
118.1	39.5	73.4		Keep Right	Sparhawk Street	14:10	13:51	13:32
118.6	39.0	73.8		Keep Left	Southgate Street	14:10	13:52	13:33
119.0	38.6	74.0	R/about	3rd Exit	Cullum Road	14:11	13:52	13:34
119.2	38.4	74.1	R/about	1st Exit	Nowton Road	14:12	13:53	13:34
119.3	38.3	74.2		Keep Right	Nowton Road	14:12	13:53	13:34
119.7	37.9	74.4		Keep Left	Nowton Road	14:12	13:54	13:35
121.1	36.5	75.3	Sign		Nowton	14:15	13:56	13:37
121.2	36.4	75.4		Keep Left		14:15	13:56	13:37
121.5	36.1	75.6	Junction	Left	Bury Road	14:16	13:56	13:37
122.3	35.3	76.1	TJunction	Right	A134	14:17	13:58	13:38
122.9	34.7	76.4	Sign		Sicklesmere	14:18	13:59	13:39
123.4	34.2	76.7	Junction	Left	Little Welnetham Lane	14:19	13:59	13:40
123.4	34.2	76.7	QoM 1 Cat 3	Start		14:19	13:59	13:40
124.5	33.1	77.4	Sign		Little Welnetham	14:21	14:01	13:41
124.8	32.8	77.6	QoM 1 Cat 3	Finish	Little Welnetham	14:21	14:02	13:42
126.5	31.1	78.7		Keep Right		14:24	14:04	13:44
126.9	30.7	78.9	Sign		Bradfield St George	14:25	14:05	13:45
127.2	30.4	79.1		Keep Right	Felsham Road	14:25	14:05	13:45
130.6	27.0	81.2		Keep Right		14:31	14:11	13:50
131.0	26.6	81.5	Sign		Gedding	14:32	14:11	13:51

KM	KM to go		Feature	Instruction	Description			
	Miles	Miles				35kmph	38kmph	42kmph
131.6	26.0	81.8	Sign		Felsham	14:33	14:12	13:52
131.9	25.7	82.0	TJunction	Left	Church Road	14:34	14:13	13:52
132.1	25.5	82.1		Keep Left	Church Road	14:34	14:13	13:52
133.3	24.3	82.9		Keep Left		14:36	14:15	13:54
135.6	22.0	84.3	Sign		Rattlesden	14:40	14:19	13:57
136.0	21.6	84.6	Junction	Right	Birds Green	14:41	14:19	13:58
136.2	21.4	84.7		Keep Right		14:41	14:20	13:58
137.6	20.0	85.6	Drinks	Finish		14:43	14:22	14:00
138.4	19.2	86.1		Keep Left	Rattlesden Road	14:45	14:23	14:01
139.2	18.4	86.6	Junction	Right	Circuit Entry	14:46	14:24	14:02
140.3	17.3	87.2	Junction	Left	B1115	14:48	14:26	14:04
141.7	15.9	88.1		Caution!	Hump Back Bridge	14:51	14:28	14:06
142.1	15.5	88.4	Junction	Right	Combs Lane	14:51	14:29	14:06
144.1	13.5	89.6	Sign		Stowmarket	14:55	14:32	14:09
144.7	12.9	90.0	M R/about	1st Exit	Poplar Hill	14:56	14:33	14:10
144.7	12.9	90.0		Keep Left	Poplar Hill	14:56	14:33	14:10
144.9	12.7	90.1	TJunction	Left	Ipswich Road	14:56	14:33	14:10
145.2	12.4	90.3	M R/about	1st Exit	Ipswich Road	14:57	14:34	14:11
145.6	12.0	90.5	Sprint 3		Stowmarket 1st Passage on finish line Sprint 3	14:57	14:34	14:11
145.8	11.8	90.7	T.Lights	Left	B1115 Tavern Street	14:58	14:35	14:12
146.4	11.2	91.0		Keep Left	B1115 Finborough Road	14:59	14:36	14:13
146.5	11.1	91.1		Keep Right	B1115 Finborough Road	14:59	14:36	14:13
147.5	10.1	91.7	Sign		Onehouse	15:01	14:37	14:14
148.1	9.5	92.1	Junction	Right	Lower Road	15:02	14:38	14:15
148.9	8.7	92.6		Caution!	Deer	15:03	14:40	14:16
150.2	7.4	93.4	Junction	Left		15:05	14:42	14:18
150.2	7.4	93.4	QoM 2 Cat 3	Start		15:05	14:42	14:18
151.4	6.2	94.1	QoM 2 Cat 3	Finish	Buxhall	15:07	14:44	14:20
152.5	5.1	94.8	Junction	Left	B1115	15:09	14:45	14:21
153.8	3.8	95.6		Caution!	Hump Back Bridge	15:12	14:47	14:23
156.3	1.3	97.2	Sign		Stowmarket	15:16	14:51	14:27
156.6	1.0	97.4		Keep Left	Combs Lane	15:16	14:52	14:27
156.9	0.7	97.6	M R/about	1st Exit	Poplar Hill	15:17	14:52	14:27
157.1	0.5	97.7	TJunction	Left	Ipswich Road	15:17	14:53	14:28
157.4	0.2	97.9	M R/about	1st Exit	Ipswich Road	15:18	14:53	14:28
157.6	0.0	98.0	Finish		Ipswich Road, Stowmarket	15:18	14:53	14:28