








Stage  
**03**  
itinerary

**AL AIN STAGE**  
**(Al Ain - Jebel Hafeet)**  
Tuesday, 26 February 2019

km 179

Elevation			Distance			Timetable		
			leg	run	to be run	km/h		
ABU DHABI								
264	<b>AL AIN</b>	↑ Start Village	2.0			12.10	12.10	12.10
	265 <b>AL AIN</b>	↑ km 0	0.0	0.0	179.0	12.15	12.15	12.15
	263 Al Ain Zoo	↑ Nahyan The First St-122nd St/Khalifa	7.9	7.9	171.1	12.25	12.25	12.24
	280 Al Ain Oasis	↑ 118th St.-Sh. Khalifa bin Zayed St.	5.9	13.8	165.2	12.34	12.33	12.32
	291 Al Ain National Museum	↩ Othman bin Affan St.	3.4	17.2	161.8	12.39	12.38	12.37
	281 <b>Al Qattara</b>	↑ 120th St.	8.7	25.9	153.1	12.51	12.49	12.48
	283 Al Hili	↩ E95	5.0	30.9	148.1	12.59	12.57	12.55
	223 Nahil	↩ E26	37.0	67.9	111.1	13.49	13.45	13.41
	147 Swaihan	↩ E16	24.7	92.6	86.4	14.23	14.17	14.12
	<b>Feed zone: km 98 - 101</b>							
	185 Al Saad	↑ E16	31.8	124.4	54.6	15.13	15.05	14.58
	193 Ins. E30	↩ Al Ain Truck Rd/E30	11.2	135.6	43.4	15.31	15.22	15.14
	192 Shakhboot Bin Sultan St. Underpass	↑ E30	5.5	141.1	37.9	15.38	15.29	15.20
	220 Ins. E40	↑ Truck Rd/E40	15.3	156.4	22.6	16.02	15.51	15.42
	263 <b>Green Al Mubazzarah</b>	↩	0	8.9	165.3	13.7	16.16	16.05
	312 Green Mubazzarah Exit	↩ Jebel Hafeet Rd	3.2	168.5	10.5	16.21	16.09	15.59
	1025 <b>JEBEL HAFEET</b>	↑	0	10.5	179.0	0.0	16.51	16.37
							16.24	

**NOTE:**



Intermediate Sprint:

km 25.9 Al Qattara

km 165.3 Green Al Mubazzarah



Feed zone: km 98 - 101

Tunnel: km

Level Crossing: km