



Stage

**04**

itinerary

**DUBAI MUNICIPALITY STAGE**  
**Palm Jumeirah - Hatta Dam**

km 205

Wednesday, 27 February 2019

Elevation			Distance			Timetable		
			leg	run	to be run	km/h		
						39	41	43
<b>DUBAI</b>								
3	<b>DUBAI</b>	↑ Start Village	4.8			11.30	11.30	11.30
3	<b>DUBAI</b>	↑ km 0	0.0	0.0	205.0	11.40	11.40	11.40
3	U-Turn	↷ Crescent Rd	2.9	2.9	202.1	11.43	11.43	11.43
3	Tunnel	↑	2.6	5.5	199.5	11.47	11.47	11.46
4	Al Sufouh	↶ Al Sufouh-D94	5.2	10.7	194.3	11.55	11.55	11.54
4	Madinat Jumeirah	↶ D63	5.0	15.7	189.3	12.02	12.01	12.00
9	E44 Interchange	↶ D63	5.8	21.5	183.5	12.12	12.10	12.09
22	E311 Interchange	↑ D63	5.7	27.2	177.8	12.21	12.19	12.17
24	E611 Interchange	↑ D63-Al Qudra Rd	5.3	32.5	172.5	12.30	12.27	12.25
61	E77 Overpass	↑ D63 - Al Qudra Rd	10.7	43.2	161.8	12.47	12.44	12.41
85	<b>Al Qudra Cycle Track</b>	↶	11.6	54.8	150.2	13.06	13.02	12.58
125	Al Lisaili	↶ E66	20.7	75.5	129.5	13.40	13.34	13.29
84	Exit to E77	↶ E77	6.3	81.8	123.2	13.49	13.43	13.37
116	<b>Labhab</b>	↶ E44	15.1	96.9	108.1	14.14	14.06	13.59
	<b>Feed zone: km 97 - 100</b>	↑						
<b>SHARJAH</b>								
152	Exit to Nazwa	↶	7.2	104.1	100.9	14.26	14.17	14.10
116	Ins. S116 - Sharjah-Khalba Rd	↶ S116	22.9	127.0	78.0	14.57	14.47	14.38
150	Al Malahia	↑ S116	16.1	143.1	61.9	15.23	15.12	15.02
<b>RAS AL KHAIMAH</b>								
288	Shawka	↑ E102	15.5	158.6	46.4	15.48	15.35	15.24
267	Munay	↶ Exit to Hatta	19.4	178.0	27.0	16.14	16.01	15.48
221	Huwaylat	↶ to Hatta	8.8	186.8	18.2	16.26	16.12	15.59
<b>DUBAI</b>								
304	Hatta Fort	↶	11.4	198.2	6.8	16.44	16.29	16.16
330	Hatta Hill Park	↶	2.6	200.8	4.2	16.48	16.33	16.19
402	<b>HATTA DAM</b>	↑	4.2	205.0	0.0	16.55	16.40	16.25

**NOTE:**



**Intermediate Sprint:**

km 54.8 Al Qudra Cycle Track

km 96.9 Labhab



**Feed zone: km 97 - 100**



**Tunnel: km 2.6**