

8

RACE SCHEDULE

ALTRINCHAM TO MANCHESTER

Neutralised section

Market Street, Shaw's Road, Central Way, Regent Road, Railway Street, Ashley Road, Hale Road, Victoria Road, Ashley Road, Cow Lane.

KM	KM to go	Miles	Feature	Instruction	Description	35kmph	38kmph	42kmph
			Start Neutralised		Market Street, Altrincham	11:00	11:00	11:00
0.00	166.0	0.00	Start Proper		Cow Lane	11:15	11:15	11:15
0.1	165.9	0.1	Sign		Ashley	11:15	11:15	11:15
0.3	165.7	0.2	X.Roads	Straight	Mobberley Road	11:15	11:15	11:15
0.9	165.1	0.6		Caution!	Hump Back Bridge	11:16	11:16	11:16
2.3	163.7	1.4	Sign		Mobberley	11:18	11:18	11:17
2.4	163.6	1.5		Keep Right	Pepper Street	11:18	11:18	11:18
3.0	163.0	1.9		Keep Left	Small Lane	11:19	11:19	11:18
3.6	162.4	2.2		Keep Right	Small Lane	11:20	11:20	11:19
4.1	161.9	2.5		Keep Left	Hobcroft Lane	11:21	11:20	11:20
5.5	160.5	3.4	Junction	Right	Davenport Lane	11:23	11:22	11:22
6.4	159.6	4.0		Caution!	Narrow Bridge	11:25	11:24	11:23
7.3	158.7	4.5	T.Junction	Left	Burleyhurst Lane	11:26	11:25	11:24
9.7	156.3	6.0		Keep Right	Mobberley Road	11:30	11:28	11:27
10.3	155.7	6.4	T.Junction	Right	A538 Altrincham Road	11:31	11:29	11:28
12.1	153.9	7.5	T.Lights	Straight	A538 Alderley Road	11:34	11:32	11:30
12.5	153.5	7.8	T.Lights	Right	Station Road	11:34	11:32	11:31
12.7	153.3	7.9		Caution!	Narrow Bridge	11:34	11:33	11:31
13.6	152.4	8.5	M R/about	1st Exit	A5102 Adlington Road	11:36	11:34	11:32
14.2	151.8	8.8		Keep Right	A5102 Adlington Road	11:37	11:35	11:33
15.4	150.6	9.6	R/about	2nd Exit	A5102 Adlington Road	11:39	11:37	11:34
15.7	150.3	9.8	R/about	1st Exit	A5102 Woodford Road	11:39	11:37	11:35
16.1	149.9	10.0	Sign		Stockport	11:40	11:38	11:35
18.4	147.6	11.4	R/about	1st Exit	Woodford Road	11:43	11:41	11:38
19.8	146.2	12.3	T.Lights	Straight	A555	11:46	11:43	11:40
19.9	146.1	12.4	T.Lights	Straight	A555	11:46	11:43	11:40
19.8	146.2	12.3	Sign		Bramhall	11:46	11:43	11:40
20.0	146.0	12.4	M R/about	2nd Exit	A5102 Bramhall Lane South	11:46	11:43	11:40
20.6	145.4	12.8		Keep Left	A5102 Bramhall Lane South	11:47	11:44	11:41
21.0	145.0	13.1	X.Roads	Straight	A5102	11:48	11:45	11:42
21.8	144.2	13.6	R/about	2nd Exit	A5143 Bridge Lane	11:49	11:46	11:43
22.8	143.2	14.2	R/about	3rd Exit	A5143 Jacksons Lane	11:50	11:47	11:44
23.3	142.7	14.5	R/about	2nd Exit	A5143 Jacksons Lane	11:51	11:48	11:44
23.5	142.5	14.6	Sprint 1		Hazel Grove	11:51	11:48	11:45
24.4	141.6	15.2	T.Lights	Straight	A5143 Dean Lane/Chester Road	11:53	11:49	11:46
25.1	140.9	15.6	T.Lights	Left	A523 Macclesfield Road	11:54	11:50	11:47
25.9	140.1	16.1	T.Lights	Straight		11:55	11:52	11:48
26.0	140.0	16.2	T.Lights	Right	A6 Buxton Road	11:55	11:52	11:48
26.3	139.7	16.4	T.Lights	Straight	A6 Buxton Road	11:56	11:52	11:48
26.7	139.3	16.6	Junction	Right	Buxton Road	11:56	11:53	11:49
27.7	138.3	17.2		Keep Left	Buxton Road	11:58	11:54	11:50
27.8	138.2	17.3	T.Lights	Right	A6 Buxton Road	11:58	11:54	11:50
28.5	137.5	17.7	Sign		High Lane	11:59	11:55	11:51
28.8	137.2	17.9	T.Lights	Straight	A6 Buxton Road	12:00	11:56	11:52

Approximate distance of neutralised section 4.4km / 2.7miles

Distance of stage 166km / 103.2miles

Neutralised start 11:00

KM	KM to go	Miles	Feature	Instruction	Description	35kmph	38kmph	42kmph
29.9	136.1	18.6	Junction	Left	Carr Brow	12:01	11:57	11:53
30.0	136.0	18.7		Drinks Start		12:02	11:57	11:53
30.2	135.8	18.8	Junction	Left	Wybersley Road	12:02	11:58	11:53
30.4	135.6	18.9		Caution!	Narrow Road for 1.3km	12:02	11:58	11:54
31.0	135.0	19.3		Caution!	Fast & Narrow Descent	12:03	11:59	11:54
31.2	134.8	19.4		Caution!	Hairpin Right on descent	12:04	11:59	11:55
31.3	134.7	19.5		Caution!	Sharp Left bend on descent	12:04	11:59	11:55
31.6	134.4	19.7		Keep Left	Wybersley Lane	12:04	12:00	11:55
31.9	134.1	19.8		Keep Left		12:05	12:00	11:56
32.3	133.7	20.1		Caution!	Fast Descent	12:05	12:01	11:56
33.4	132.6	20.8		Caution!	Fast Descent	12:07	12:02	11:57
34.1	131.9	21.2	M R/about	3rd Exit	Hibbert Lane	12:08	12:03	11:58
34.2	131.8	21.3	T.Lights	Left	B6101 Stockport Road	12:08	12:03	11:58
34.6	131.4	21.5	T.Lights	Right	A626 Station Road	12:09	12:04	11:59
35.2	130.8	21.9		Caution!	Fast Descent	12:10	12:05	12:00
35.8	130.2	22.3	T.Lights	Straight	A626 Lower Fold	12:11	12:06	12:01
36.4	129.6	22.6	Junction	Left	B6104 Compstall Road	12:12	12:07	12:01
37.3	128.7	23.2		Keep Left	B6104 Compstall Road	12:13	12:08	12:02
37.9	128.1	23.6	Junction	Right	Cowlishaw Road	12:14	12:09	12:03
38.0	128.0	23.6	KoM 1 Cat 2	Start		12:14	12:09	12:03
39.2	126.8	24.4	KoM 1 Cat 2	Finish	Werneth Low	12:16	12:11	12:05
39.3	126.7	24.4	Junction	Right		12:16	12:11	12:05
40.0	126.0	24.9		Keep Left	Joel Lane	12:17	12:12	12:06
40.0	126.0	24.9		Caution!	Fast Descent	12:17	12:12	12:06
42.9	123.1	26.7		Caution!	Fast Descent	12:22	12:16	12:10
44.0	122.0	27.4		Keep Left	A560 Dual Carriageway	12:24	12:17	12:11
44.9	121.1	27.9	T.Lights	Right	B6174 Ashworth Lane	12:25	12:19	12:12
45.1	120.9	28.0	T.Lights	Straight	B6174 Ashworth Lane	12:25	12:19	12:12
46.0	120.0	28.6	Junction	Left	Market Place	12:27	12:20	12:14
46.0	120.0	28.6	T.Junction	Left	Market Place	12:27	12:20	12:14
46.1	119.9	28.7	T.Lights	Straight	Stalybridge Road	12:27	12:20	12:14
46.5	119.5	28.9	R/about	1st Exit	A6018 Roe Cross Road	12:28	12:21	12:14
47.4	118.6	29.5	Sign		Stalybridge	12:29	12:22	12:15
48.0	118.0	29.8		Caution!	Fast Descent	12:30	12:23	12:16
50.1	115.9	31.2	T.Lights	Straight		12:33	12:26	12:19
50.2	115.8	31.2	T.Lights	Right	B6175 Huddersfield Road	12:33	12:26	12:19
51.7	114.3	32.1	Sign		Millbrook Village	12:36	12:28	12:21
51.7	114.3	32.1		Caution!	Fast Descent	12:36	12:28	12:21
51.8	114.2	32.2	T.Lights	Straight	B6175 Huddersfield Road	12:36	12:29	12:21
53.2	112.8	33.1	M R/about	2nd Exit	B6175 Huddersfield Road	12:38	12:31	12:23
53.5	112.5	33.3	T.Lights	Straight	B6175 Huddersfield Road	12:39	12:31	12:23
54.6	111.4	34.0		Keep Left	B6175	12:40	12:33	12:25
56.3	109.7	35.0	Sign		Greenfield	12:43	12:35	12:27

KM	KM to go		Miles	Feature	Instruction	Description	35kmph		
	38kmph	42kmph					35kmph	38kmph	42kmph
56.4	109.6	35.1	X.Roads	Straight	B6175 Well – I – Hole Road	12:43	12:35	12:27	
56.8	109.2	35.3		Caution!	⚠ Narrow Bridge	12:44	12:36	12:28	
57.7	108.3	35.9	T.Junction	Left	A669 Shaw Hall Bank Road	12:45	12:37	12:29	
57.8	108.2	35.9	T.Junction	Right	A670 Oldham Road	12:45	12:37	12:29	
58.2	107.8	36.2	Sign		Uppermill	12:46	12:38	12:29	
58.3	107.7	36.3	Sprint 2		🚦 Uppermill	12:46	12:38	12:29	
58.5	107.5	36.4		Keep Right	Central Island	12:46	12:38	12:30	
59.6	106.4	37.1	M R/about	1st Exit	A6052 Dobcross New Road	12:48	12:40	12:31	
60.2	105.8	37.4	M R/about	1st Exit	A6052 Dobcross New Road	12:49	12:41	12:32	
60.4	105.6	37.6		Keep Right	A6052 Delph New Road	12:49	12:41	12:32	
61.8	104.2	38.4	T.Junction	Right	A62 Oldham Road	12:52	12:43	12:34	
61.8	104.2	38.4	Junction	Left	A6052 The Sound	12:52	12:43	12:34	
62.2	103.8	38.7	Junction	Left	B6197 Grains Road	12:52	12:43	12:34	
62.2	103.8	38.7	KoM 2 Cat 2	Start		12:52	12:43	12:34	
64.6	101.4	40.2	KoM 2 Cat 2	Finish	🚦 Grains Bar	12:56	12:47	12:38	
64.9	101.1	40.4	T.Junction	Right	A672 Oldham Road	12:56	12:47	12:38	
64.9	101.1	40.4	Junction	Right	B6197 Buckstones Road	12:56	12:47	12:38	
65.9	100.1	41.0		Caution!	⚠ Fast Descent	12:58	12:49	12:39	
67.9	98.1	42.2	T.Junction	Left	A633 Milnrow Road	13:01	12:52	12:42	
68.7	97.3	42.7	T.Lights	Straight	A663 Crompton Way	13:02	12:53	12:43	
69.1	96.9	43.0	T.Lights	Right	B6194 Rochdale Road	13:03	12:53	12:43	
69.5	96.5	43.2	X.Roads	Straight	B6194	13:04	12:54	12:44	
70.2	95.8	43.7	M R/about	2nd Exit	B6194 Rochdale Road	13:05	12:55	12:45	
70.5	95.5	43.8	M R/about	1st Exit	B6194 Rochdale Road	13:05	12:55	12:45	
71.4	94.6	44.4	Sign		Rochdale	13:07	12:57	12:46	
72.3	93.7	45.0	M R/about	2nd Exit	B6194 New Broad Lane	13:08	12:58	12:47	
73.1	92.9	45.5	M R/about	1st Exit	B6194 Broad Lane/Turf Hill Road	13:09	12:59	12:48	
73.5	92.5	45.7	T.Lights	Right	A671 Oldham Road	13:10	13:00	12:49	
74.1	91.9	46.1	T.Lights	Left	A671 Oldham Road	13:11	13:00	12:50	
74.2	91.8	46.1	T.Lights	Left	A671 Oldham Road	13:11	13:01	12:50	
74.6	91.4	46.4	T.Lights	Straight	A617 Oldham Road	13:12	13:01	12:50	
75.1	90.9	46.7	T.Lights	Right	Wood Street	13:13	13:02	12:51	
75.4	90.6	46.9	T.Lights	Straight	A671 Molesworth Street	13:13	13:02	12:51	
75.8	90.2	47.1		Keep Left		13:14	13:03	12:52	
75.9	90.1	47.2	T.Lights	Straight	Keep Left!	13:14	13:03	12:52	
76.0	90.0	47.3	T.Lights	Straight	A671 John Street Keep Left!	13:14	13:03	12:52	
76.2	89.8	47.4	T.Lights	Left	A58 dual carriageway Keep Left	13:14	13:03	12:52	
76.4	89.6	47.5	T.Lights	Straight	A58 Hunters Lane	13:15	13:04	12:53	
76.9	89.1	47.8	T.Lights	Left	Newgate	13:15	13:04	12:53	
77.1	88.9	47.9		Keep Right	B6266 The Esplanade	13:16	13:05	12:54	
77.5	88.5	48.2	X.Roads	Straight	Dane Street	13:16	13:05	12:54	
77.6	88.4	48.3	T.Lights	Straight	A6060	13:16	13:05	12:54	
77.7	88.3	48.3	T.Lights	Straight	A6060 Mellor Street	13:17	13:06	12:54	
77.9	88.1	48.4	T.Lights	Straight	A6060 Mellor Street	13:17	13:06	12:55	
78.6	87.4	48.9	M R/about	2nd Exit		13:18	13:07	12:56	
78.7	87.3	48.9	M R/about	1st Exit		13:18	13:07	12:56	
78.9	87.1	49.1		Keep Left	Central Island	13:18	13:07	12:56	
79.2	86.8	49.3	T.Lights	Straight	A680 Edenfield Road	13:19	13:08	12:56	
80.2	85.8	49.9	M R/about	2nd Exit	A680 Edenfield Road	13:21	13:09	12:58	
80.3	85.7	49.9	M R/about	1st Exit	A680 Edenfield Road	13:21	13:09	12:58	
80.6	85.4	50.1		Keep Left	Central Island	13:21	13:10	12:58	
82.4	83.6	51.2	X.Roads	Straight	A680	13:24	13:12	13:00	
85.9	80.1	53.4	Sign		Lancashire & Rosendale	13:29	13:17	13:05	

KM	KM to go		Miles	Feature	Instruction	Description	35kmph		
	38kmph	42kmph					35kmph	38kmph	42kmph
86.0	80.0	53.5			Caution!	⚠ Fast Descent	13:30	13:17	13:05
88.0	78.0	54.7	Sign			Turn Village	13:33	13:20	13:08
89.6	76.4	55.7	M R/about	1st Exit	A56 Bury Road	13:35	13:23	13:10	
92.0	74.0	57.2	Junction	Right	Peel Brow	13:39	13:26	13:13	
92.0	74.0	57.2			Caution!	⚠ Fast Descent	13:39	13:26	13:13
92.5	73.5	57.5	T.Junction	Right	Peel Brow	13:40	13:27	13:13	
92.5	73.5	57.5	Sign			Ramsbottom	13:40	13:27	13:13
92.7	73.3	57.6			Caution!	⚠ Level Crossing	13:40	13:27	13:14
93.0	73.0	57.8	T.Lights	Straight	Carr Street	13:41	13:27	13:14	
93.0	73.0	57.8	KoM 3 Cat 1	Start		13:41	13:27	13:14	
93.7	72.3	58.3	Junction	Right	Rawsons Rake	13:42	13:28	13:15	
94.1	71.9	58.5	T.Junction	Left	Lumb Carr Road	13:42	13:29	13:15	
94.2	71.8	58.6	KoM 3 Cat 1	Finish	🚦 Ramsbottom Rake	13:43	13:29	13:16	
94.3	71.7	58.6			Caution!	⚠ Fast Descent	13:43	13:29	13:16
95.5	70.5	59.4	T.Junction	Right	A676 Bolton Road West	13:45	13:31	13:17	
95.6	70.4	59.4	T.Lights	Straight	A676 Bolton Road West	13:45	13:31	13:17	
95.9	70.1	59.6		Keep Right	A676 Bolton Road West	13:45	13:32	13:18	
97.3	68.7	60.5	Sign		Hawkshaw	13:47	13:34	13:20	
98.6	67.4	61.3	Sign		South Turton	13:49	13:35	13:21	
98.9	67.1	61.5	X.Roads	Right	Bury Road	13:50	13:36	13:22	
98.9	67.1	61.5			Caution!	⚠ Fast Descent	13:50	13:36	13:22
100.5	65.5	62.5	Sign		Edgeworth	13:52	13:38	13:24	
101.0	65.0	62.8	M R/about	1st Exit	Bolton Road	13:53	13:39	13:24	
101.5	64.5	63.1			Caution!	⚠ Fast Descent	13:54	13:40	13:25
102.2	63.8	63.6		Keep Left	Wellington Road	13:55	13:41	13:26	
102.7	63.3	63.9		Keep Left	B6391 Chapel Town Road	13:56	13:41	13:27	
103.9	62.1	64.6	Sign		Bolton	13:58	13:43	13:28	
105.2	60.8	65.4	Junction	Right	Bromley Cross Road	14:00	13:45	13:30	
105.7	60.3	65.7	T.Junction	Right	B6472 Darwen Road	14:01	13:46	13:30	
106.5	59.5	66.2	T.Lights	Straight	B6472 Darwen Road	14:02	13:47	13:31	
107.2	58.8	66.7	T.Lights	Straight	Blackburn Road	14:03	13:48	13:32	
108.3	57.7	67.3	Junction	Left	Back Longworth Lane	14:05	13:49	13:34	
108.7	57.3	67.6	Sign		Blackburn	14:05	13:50	13:34	
110.8	55.2	68.9	X.Roads	Left	Egerton Road	14:09	13:53	13:37	
110.8	55.2	68.9			Caution!	⚠ Fast & Narrow Descent	14:09	13:53	13:37
112.1	53.9	69.7	T.Junction	Left	A675 Belmont Road	14:11	13:55	13:39	
112.8	53.2	70.1	Green Zone	Start		14:12	13:56	13:40	
113.0	53.0	70.3	Feed Zone	Start	🚦	14:12	13:56	13:40	
114.2	51.8	71.0	Green Zone	End		14:14	13:58	13:41	
114.6	51.4	71.3	Junction	Right	Scout Road	14:15	13:58	13:42	
114.7	51.3	71.3	Sign		Bolton	14:15	13:58	13:42	
119.3	46.7	74.2	Junction	Right	B6226 Chorley Old Road	14:22	14:05	13:48	
120.1	45.9	74.7	Sign		Hardwick	14:23	14:06	13:49	
121.1	44.9	75.3		Keep Right	B6226 Chorley Old Road	14:25	14:08	13:50	
122.6	43.4	76.2	M R/about	2nd Exit	B6226 Church Street	14:27	14:10	13:52	
122.9	43.1	76.4	T.Lights	Straight	B6226 Lee Lane	14:28	14:10	13:53	
123.1	42.9	76.5	Sprint 3		🚦 Horwich	14:28	14:10	13:53	
123.6	42.4	76.9	M R/about	1st Exit	B5238 Crown Lane	14:29	14:11	13:53	
125.2	40.8	77.9	X.Roads	Straight		14:31	14:13	13:55	
125.3	40.7	77.9	T.Lights	Straight	A6 Station Road	14:31	14:14	13:56	
125.8	40.2	78.2	T.Junction	Right	B5408 Manchester Road	14:32	14:14	13:56	
126.8	39.2	78.9	X.Roads	Straight	Church Street	14:34	14:16	13:58	
127.1	38.9	79.0	Junction	Left	Hill Lane	14:34	14:16	13:58	
128.4	37.6	79.8	Sign		Haigh	14:36	14:18	14:00	

8

RACE SCHEDULE – CONTINUED

ALTRINCHAM TO MANCHESTER

KM	KM to go		Feature	Instruction	Description	Time		
	Miles					35kmph	38kmph	42kmph
128.9	37.1	80.2		Keep Right	Meadow Pit Lane	14:37	14:19	14:00
129.3	36.7	80.4	T.Junction	Right	B5239 Meadow Pit Lane	14:38	14:19	14:01
130.6	35.4	81.2	Junction	Left	School Lane	14:40	14:21	14:02
132.6	33.4	82.5		Caution!	▲ Cobbles	14:43	14:24	14:05
132.6	33.4	82.5	T.Junction	Right	B5239 Haigh Road	14:43	14:24	14:05
133.6	32.4	83.1	R/about	2nd Exit	B5239	14:44	14:25	14:06
133.7	32.3	83.1	R/about	1st Exit	B5239 Bolton Road	14:45	14:26	14:06
134.7	31.3	83.8	M R/about	2nd Exit	Hall Lane	14:46	14:27	14:08
136.7	29.3	85.0	Sign		Hindley	14:49	14:30	14:10
137.7	28.3	85.6	M R/about	2nd Exit	A58 Market Street	14:51	14:31	14:12
138.2	27.8	85.9	T.Lights	Left	A577 Atherton Road	14:52	14:32	14:12
139.3	26.7	86.6	Sign		Hindley Green	14:53	14:34	14:14
139.7	26.3	86.9	R/about	2nd Exit	A577 Atherton Road	14:54	14:34	14:14
141.0	25.0	87.7	T.Lights	Straight	A577 Atherton Road	14:56	14:36	14:16
141.0	25.0	87.7			25km to Race Finish	14:56	14:36	14:16
142.4	23.6	88.6	Sign		Atherton	14:58	14:38	14:18
142.8	23.2	88.8	T.Lights	Straight	A577 Wigan Road	14:59	14:39	14:18
143.3	22.7	89.1	R/about	2nd Exit	A577 Wigan Road	15:00	14:39	14:19
143.9	22.1	89.5	R/about	2nd Exit	A577 Wigan Road	15:01	14:40	14:20
144.1	21.9	89.6		Keep Left	A577 Malthouse Lane (One Way)	15:01	14:40	14:20
144.5	21.5	89.9	T.Lights	Straight	A577 Malthouse Lane	15:02	14:41	14:20
144.6	21.4	89.9	T.Lights	Straight	A577	15:02	14:41	14:20
144.7	21.3	90.0	T.Lights	Right	A577 Church Street	15:02	14:41	14:21
144.8	21.2	90.0		Keep Left	Church Street	15:02	14:41	14:21
145.0	21.0	90.2		Keep Right	A577 Tyldsley Road	15:02	14:42	14:21
146.0	20.0	90.8			20km to Race Finish	15:04	14:42	14:22
146.2	19.8	90.9	T.Lights	Straight	A577	15:04	14:43	14:22
146.4	19.6	91.0		Keep Left	A577 Shuttle Street	15:05	14:44	14:23
146.6	19.4	91.2		Keep Right	A577	15:05	14:44	14:23
146.7	19.3	91.2	X.Roads	Straight	A577	15:05	14:44	14:23
146.8	19.2	91.3	X.Roads	Straight	A577	15:05	14:44	14:23
147.0	19.0	91.4		Keep Right	A577 Common Lane	15:06	14:45	14:24
147.0	19.0	91.4	X.Roads	Straight		15:06	14:45	14:24
147.1	18.9	91.5		Keep Left	A577 Manchester Road	15:06	14:45	14:24
148.2	17.8	92.2	T.Lights	Straight	A577 Manchester Road	15:07	14:46	14:25
148.8	17.2	92.5	M R/about	1st Exit	A5082 Mort Lane	15:08	14:47	14:26
150.0	16.0	93.3	Sign		Salford	15:10	14:49	14:27
150.3	15.7	93.5	M R/about	2nd Exit	A5082 Peel Lane	15:11	14:49	14:28
151.0	15.0	93.9	T.Lights	Right	A6 Manchester Road	15:12	14:50	14:29
151.0	15.0	93.9			15km to Race Finish	15:12	14:50	14:29
152.1	13.9	94.6	T.Lights	Straight	A6 Manchester Road	15:14	14:52	14:30
152.5	13.5	94.8	T.Lights	Straight	A6 Manchester Road	15:14	14:52	14:31
152.6	13.4	94.9	T.Lights	Straight	A6 High Street	15:14	14:53	14:31
153.0	13.0	95.1	T.Lights	Straight	A6	15:15	14:53	14:31
153.1	12.9	95.2	T.Lights	Straight	A6	15:15	14:53	14:31
156.0	10.0	97.0			10km to Race Finish	15:20	14:57	14:35
156.2	9.8	97.1	T.Lights	Straight	A6 Chorley Road	15:20	14:58	14:35
157.1	8.9	97.7	T.Lights	Straight	A6 Chorley Road	15:21	14:59	14:36

KM	KM to go		Feature	Instruction	Description	Time		
	Miles					35kmph	38kmph	42kmph
157.3	8.7	97.8	T.Lights	Straight	A6 Chorley Road	15:22	14:59	14:37
159.4	6.6	99.1	R/about	2nd Exit	A6 Broad Street	15:25	15:02	14:39
159.5	6.5	99.2	Sign		Salford	15:25	15:02	14:40
161.0	5.0	100.1			5km to Race Finish	15:28	15:05	14:42
161.2	4.8	100.2		Keep Right	A6	15:28	15:05	14:42
162.0	4.0	100.7	T.Lights	Straight	A6	15:29	15:06	14:43
162.4	3.6	101.0		Keep Left	Slip Road	15:30	15:07	14:43
163.0	3.0	101.4	T.Lights	Left	Liverpool Street	15:31	15:07	14:44
163.8	2.2	101.9	T.Lights	Right	A5066 Oldfield Road	15:32	15:09	14:45
164.1	1.9	102.0	T.Lights	Left	A57 Regent Street	15:32	15:09	14:45
164.0	2.0	102.0	T.Lights	Straight	A6	15:32	15:09	14:45
164.4	1.6	102.2	T.Lights	Straight	A57 Regent Street	15:33	15:09	14:46
164.6	1.4	102.4	T.Lights	Left	A6042 Trinity Way	15:33	15:10	14:46
164.7	1.3	102.4	T.Lights	Right	A6143 Water Street	15:33	15:10	14:46
164.9	1.1	102.5		Keep Right	A6143 Liverpool Road	15:34	15:10	14:47
165.0	1.0	102.6			1km to Race Finish	15:34	15:10	14:47
165.5	0.5	102.9	T.Lights	Left	A56 Deansgate	15:35	15:11	14:47
165.8	0.2	103.1	T.Lights	Straight	A56 Deansgate	15:35	15:11	14:48
166.0	0.0	103.2	Finish		☒ Deansgate	15:35	15:12	14:48

