



Stage

01

itinerary

DUBAI SILICON OASIS STAGE The Pointe - Dubai Silicon Oasis

km 148

Sunday, 23 February 2020

Elevation			Distance			Timetable		
			leg	run	to be run	km/h		
						42	44	46
DUBAI								
5	DUBAI - THE POINTE	↑ Start Village	1.8			13.00	13.00	13.00
3	DUBAI - THE POINTE	↑ km 0	0.0	0.0	148.0	13.05	13.05	13.05
4	Umm Suqeim	↪ D63	7.3	7.3	140.7	13.16	13.15	13.15
4	E44 Interchange	↑ D63	5.6	12.9	135.1	13.23	13.22	13.21
22	E311 Interchange	↑ D63	5.9	18.8	129.2	13.32	13.31	13.30
23	E611 Interchange	↑ D63- Town Square- Al Qudra Rd.	5.3	24.1	123.9	13.40	13.39	13.37
84	Al Qudra Cycle Path	↩	22.2	46.3	101.7	14.15	14.11	14.08
68	Bab al Shams	↪	12.1	58.4	89.6	14.31	14.27	14.23
85	Al Qudra Cycle Path	↑	12.0	70.4	77.6	14.49	14.44	14.40
124	Al Marmoon	↩ E66	21.1	91.5	56.5	15.21	15.15	15.09
82	Exit to E77	↩ E77	6.5	98.0	50.0	15.30	15.23	15.17
115	Lahbab	↩ E44	13.6	111.6	36.4	15.50	15.42	15.35
39	Ins. D54	↩ D54	22.4	134.0	14.0	16.19	16.10	16.01
30	Silicon Oasis Entrance	↪	9.2	143.2	4.8	16.30	16.21	16.12
22	DUBAI SILICON OASIS	↑	4.8	148.0	0.0	16.36	16.27	16.18

NOTE:

Intermediate Sprint:

km 46.3 Al Qudra Cycle Path

km 111.6 Lahbab

 Feed zone: km

 Tunnel: km

Level Crossing: km