





KILOMÈTRES		ÉTAPE 1				HORAIRES		
À PARCOURIR	PARCOURUS					45 KM/H	43 KM/H	41 KM/H
<b>YVELINES (78)</b>								
		<b>D928</b>	<b>MANTES LA VILLE</b>	<b>DÉPART FICTIF</b> 		<b>12:55</b>	<b>12:55</b>	<b>12:55</b>
			MANTES-LA-JOLIE					
			LIMAY					
<b>159.8</b>	<b>0.0</b>	<b>C1</b>	<b>MANTES-LA-VILLE</b>	<b>DÉPART RÉEL</b> 		<b>13:10</b>	<b>13:10</b>	<b>13:10</b>
158.1	1.7		GUITRANCOURT			13:12	13:12	13:12
153.7	6.1		BRUEIL-EN-VEXIN (C1-D130-D913)			13:18	13:18	13:19
151.6	8.2	D913	SAILLY (D913-D130)			13:21	13:21	13:22
<b>VAL-D'OISE (95)</b>								
148.8	11.0	D130	Carrefour D130-D142			13:25	13:25	13:26
<b>YVELINES (78)</b>								
148.0	11.8	D142	DROCOURT (D142-D983)			13:26	13:26	13:27
144.1	15.7	D983	FONTENAY-SAINT-PÈRE			13:31	13:32	13:33
142.9	16.9		Carrefour D983-VC			13:33	13:34	13:35
141.3	18.5	VC	FOLLAINVILLE-DENNEMONT (VC-D148)			13:35	13:36	13:37
138.7	21.1	D148	Carrefour D148-VC			13:38	13:39	13:41
135.8	24.0	VC	Sandrancourt			13:42	13:43	13:45
133.4	26.4		SAINT-MARTIN-LA-GARENNE (VC-D147)			13:45	13:47	13:49
<b>VAL-D'OISE (95)</b>								
129.8	30.0	D147	VÉTHEUIL (D147-D913-D100-VC1)			13:50	13:52	13:54
<b>126.9</b>	<b>32.9</b>		<b>Côte de Vétheuil</b>			<b>13:54</b>	<b>13:56</b>	<b>13:58</b>
124.9	34.9	VC1	VILLERS-EN-ARTHIES (VC1-D147-D142)			13:56	13:59	14:01
120.8	39.0	D142	Golf de Villarceaux			14:02	14:04	14:07
119.2	40.6		CHAUSSY (D142-D171)			14:04	14:07	14:09
114.2	45.6	D171	OMERVILLE (D171-D86)			14:11	14:14	14:17
110.9	48.9	D86	AMBLEVILLE			14:15	14:18	14:21
108.3	51.5		Carrefour D86-D37			14:19	14:22	14:25
108.2	51.6		Saint-Louis (BRAY-ET-LÛ)			14:19	14:22	14:25
104.2	55.6	D37	AMENUCOURT			14:24	14:28	14:31
103.0	56.8		Le Petit Roconval			14:26	14:29	14:33
101.9	57.9		Roconval (D37-C5)			14:27	14:31	14:35
100.7	59.1	C5	Carrefour C5-D100			14:29	14:32	14:36
<b>100.3</b>	<b>59.5</b>		<b>Côte de la route des Crêtes</b>			<b>14:29</b>	<b>14:33</b>	<b>14:37</b>
99.9	59.9	D100	Les Verdières (LA ROCHE-GUYON) (D100-D913-VC)			14:30	14:34	14:38
<b>YVELINES (78)</b>								
97.5	62.3	VC	GOMMECOURT (VC-D200-D147)			14:33	14:37	14:41
95.1	64.7	D147	Clachalozé (D147-D100)			14:36	14:40	14:45
94.1	65.7	D100	Tripleval			14:37	14:42	14:46
93.0	66.8		BENNECOURT (D100-D201)			14:39	14:43	14:48
91.2	68.6	D201	BONNIÈRES-SUR-SEINE (D201-D113)			14:41	14:46	14:50
90.3	69.5	D113	Carrefour D113-D915			14:43	14:47	14:52
89.1	70.7	D915	JEUFOSSE			14:44	14:49	14:53
85.7	74.1		PORT-VILLEZ (D915-D89)			14:49	14:53	14:58
84.8	75.0		Carrefour D915-D89			14:50	14:55	15:00
82.0	77.8	D89	Notre-Dame de la Mer			14:54	14:58	15:04
80.9	78.9		Les Coursières			14:55	15:00	15:05
78.7	81.1		LA VILLENEUVE-EN-CHEVRIE			14:58	15:03	15:09
76.8	83.0		Carrefour D89-D37			15:01	15:06	15:11
76.1	83.7		La Tuilerie (LOMMOYE) (D37-D89)			15:02	15:07	15:12
73.3	86.5	D37	SAINT-ILLIERS-LA-VILLE			15:05	15:11	15:17
71.6	88.2		Les Bossus			15:08	15:13	15:19
70.4	89.4		BREVAL (D89-D11)			15:09	15:15	15:21
70.4	89.4	D11	Le Hamel			15:09	15:15	15:21
69.6	90.2		BREVAL			15:10	15:16	15:22
64.9	94.9		LONGNES (D11-D115)			15:17	15:22	15:29
61.5	98.3	D115	FLINS-NEUVE-ÉGLISE			15:21	15:27	15:34
60.1	99.7		TILLY			15:23	15:29	15:36
57.6	102.2		BOISSETS			15:26	15:33	15:40
54.2	105.6		GRESSEY			15:31	15:37	15:44
52.2	107.6		Brunel			15:33	15:40	15:47
49.2	110.6		HOUDAN (D115-D912-D983)			15:37	15:44	15:52
45.8	114.0	D983	RICHEBOURG			15:42	15:49	15:57
39.1	120.7		ORVILLIERS			15:51	15:58	16:07
34.9	124.9		SEPTEUIL			15:56	16:04	16:13
32.1	127.7		ROSAY (D983-VC)			16:00	16:08	16:17
30.3	129.5	VC	BOINVILLIERS (VC-D170)			16:03	16:11	16:19
<b>30.1</b>	<b>129.7</b>	<b>D170</b>	<b>BOINVILLIERS</b>			<b>16:03</b>	<b>16:11</b>	<b>16:20</b>
26.7	133.1		VERT (entrée sur le circuit final)			16:07	16:16	16:25
26.1	133.7		AUFFREVILLE-BRASSEUIL			16:08	16:16	16:26
25.1	134.7		Carrefour D983-VC			16:10	16:18	16:27
23.9	135.9	VC	BREUIL-BOIS-ROBERT (VC-D65)			16:11	16:20	16:29
<b>23.3</b>	<b>136.5</b>		<b>Côte de Breuil-Bois-Robert</b>			<b>16:12</b>	<b>16:20</b>	<b>16:30</b>
21.2	138.6	D65	MANTES-LA-VILLE (D65-D983-D65-D928-D110)			16:15	16:23	16:33
17.7	142.1	D928	MANTES-LA-VILLE (1 <sup>er</sup> passage sur la ligne d'arrivée)			16:19	16:28	16:38
16.2	143.6	D110	Carrefour D110-VC			16:21	16:30	16:40
16.1	143.7		MAGNANVILLE (D110-VC-D928)			16:21	16:30	16:40
<b>15.1</b>	<b>144.7</b>	<b>VC</b>	<b>MAGNANVILLE</b>			<b>16:23</b>	<b>16:32</b>	<b>16:42</b>
12	147.8	D928	SOINDRES (D928-D2928-VC)			16:27	16:36	16:46
9.4	150.4	VC	VERT (VC-D983)			16:30	16:40	16:50
8.6	151.2	D983	AUFFREVILLE-BRASSEUIL (D983-VC)			16:32	16:41	16:51
6.3	153.5	VC	BREUIL-BOIS-ROBERT (VC-D65)			16:35	16:44	16:55
<b>5.7</b>	<b>154.1</b>		<b>Côte de Breuil-Bois-Robert</b>			<b>16:35</b>	<b>16:45</b>	<b>16:56</b>
1.9	157.9	D65	MANTES-LA-VILLE (D65-D983-D928)			16:40	16:50	17:01
<b>0.0</b>	<b>159.8</b>	<b>D928</b>	<b>MANTES-LA-VILLE</b>			<b>16:43</b>	<b>16:53</b>	<b>17:04</b>