2 RACE SCHEDULE
HARLOW TO HARLOW

Neutralised section
Newhall Way, London Road, Gilden Way (B183), Churchgate roundabout, Gilden Way, Sheering Road.

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
			Start Neutralised		**Harlow Innovation Park**	**11:00**	**11:00**	**11:00**
0.00	**92.1**	**0.00**	**Start Proper**		**B183 Sheering Road**	**11:15**	**11:15**	**11:15**
1.0	91.1	0.6	M R/about	2nd Exit	B183 The Street	11:16	11:16	11:16
1.3	90.8	0.8	Sign		Sheering	11:17	11:17	11:16
2.2	89.9	1.4		Keep Left	B183	11:18	11:18	11:18
3.2	88.9	2.0	Junction	Left	A1060	11:20	11:20	11:19
3.2	88.9	2.0	T.Junction	Right	A1060	11:20	11:20	11:19
3.3	88.8	2.1	Junction	Left	Dunmow Road	11:20	11:20	11:19
4.5	87.6	2.8		Keep Right	B183	11:22	11:22	11:21
6.0	86.1	3.7	Sign		Hatfield Broad Oak	11:25	11:24	11:23
6.4	85.7	4.0		Keep Right	B183	11:26	11:25	11:24
6.5	85.6	4.0		Keep Left	B183 High Street	11:26	11:25	11:24
6.9	85.2	4.3		Keep Left	B183 Dunmow Road	11:26	11:25	11:24
7.9	**84.2**	**4.9**		**Caution!**	**Deer**	**11:28**	**11:27**	**11:26**
10.1	82.0	6.3	Junction	Right	Green Street	11:32	11:30	11:29
10.6	81.5	6.6	Junction	Left	Green Street	11:33	11:31	11:30
10.7	**81.4**	**6.7**		**Caution!**	**Deer**	**11:33**	**11:31**	**11:30**
11.6	80.5	7.2	Sign		Great Canfield	11:35	11:33	11:31
12.4	79.7	7.7	Sign		Hellman's Cross	11:36	11:34	11:32
13.4	78.7	8.3		Keep Left		11:38	11:36	11:34
14.7	77.4	9.1	Junction	Right		11:40	11:38	11:35
15.7	76.4	9.8	T.Junction	Left	B184 Dunmow Road	11:42	11:39	11:37
19.9	72.2	12.4	Sign		Great Dunmow	11:49	11:46	11:43
20.2	71.9	12.6	R/about	2nd Exit	B184 Ongar Road	11:50	11:46	11:43
20.5	71.6	12.7	M R/about	1st Exit	B1008 Chelmsford Road	11:50	11:47	11:44
21.0	**71.1**	**13.1**	**Sprint 1**		**Great Dunmow**	**11:51**	**11:48**	**11:44**
21.0	**71.1**	**13.1**	**Green Zone**	**Start**	**for 200m**	**11:51**	**11:48**	**11:44**
21.1	71.0	13.1	M R/about	2nd Exit	Braintree Road	11:51	11:48	11:44
21.9	70.2	13.6		Keep Right		11:53	11:49	11:46
22.0	70.1	13.7	T.Junction	Left	B1256 Braintree Road	11:53	11:49	11:46
24.5	67.6	15.2	Sign		Little Dunmow	11:57	11:53	11:49
25.4	66.7	15.8		Keep Right		11:59	11:55	11:51
25.8	66.3	16.0	Sign		Flitch Green	11:59	11:55	11:51
26.7	65.4	16.6	Sign		Felstead	12:01	11:57	11:52
27.5	64.6	17.1	Junction	Right	B1417 Chelmsford Road	12:02	11:58	11:54
28.1	64.0	17.5	Sign		Causeway End	12:03	11:59	11:54
30.0	**62.1**	**18.7**	**Drinks**	**Start**		**12:07**	**12:02**	**11:57**
30.1	62.0	18.7	Sign		Hartford End	12:07	12:02	11:57
32.0	60.1	19.9	T.Junction	Left	B1008 Main Road	12:10	12:05	12:00
33.0	59.1	20.5	R/about	2nd Exit	Main Road	12:12	12:07	12:01
33.3	58.8	20.7	Sign		Howe Street	12:12	12:07	12:02
34.4	57.7	21.4		Keep Right	Main Road	12:14	12:09	12:03
34.8	57.3	21.6	Junction	Right		12:15	12:09	12:04
34.9	57.2	21.7	T.Junction	Left	Pleshey Road	12:15	12:10	12:04

Approximate distance of neutralised section 4.5km / 2.8miles
Distance of stage 92.1km / 57.3miles
Neutralised start 11:00

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
37.1	55.0	23.1		Keep Left	Pleshey Road	12:19	12:13	12:07
37.5	54.6	23.3	Sign		Pleshey	12:20	12:14	12:08
39.9	52.2	24.8	Junction	Right		12:24	12:18	12:11
39.9	52.2	24.8	T.Junction	Right	Stagden Cross Road	12:24	12:18	12:11
41.1	51.0	25.6	Sign		Stagden Cross	12:26	12:19	12:13
41.3	50.8	25.7		Keep Left		12:26	12:20	12:13
42.2	49.9	26.2	Sign		High Easter	12:28	12:21	12:14
42.5	**49.6**	**26.4**	**Sprint 2**		**High Easter**	**12:28**	**12:22**	**12:15**
42.5	**49.6**	**26.4**	**Green Zone**	**Start**	**for 200m**	**12:28**	**12:22**	**12:15**
43.0	49.1	26.7		Keep Left	The Street	12:29	12:22	12:16
43.4	48.7	27.0		Keep Left	School Road	12:30	12:23	12:16
44.4	47.7	27.6		Keep Left	School Road	12:32	12:25	12:18
46.3	45.8	28.8	Sign		Good Easter	12:35	12:28	12:20
46.5	45.6	28.9		Keep Right		12:35	12:28	12:21
47.1	45.0	29.3	Junction	Right	Farmbridge End Road	12:36	12:29	12:21
47.9	**44.2**	**29.8**		**Caution!**	**Hump Back Bridge**	**12:38**	**12:30**	**12:23**
47.9	**44.2**	**29.8**		**Caution!**	**Sharp Left Bend after bridge**	**12:38**	**12:30**	**12:23**
48.9	43.2	30.4	T.Junction	Left	Bishops Stortford Road	12:39	12:32	12:24
49.1	43.0	30.5	T.Junction	Left	A1060 Bishops Stortford Road	12:40	12:32	12:24
49.2	**42.9**	**30.6**		**Caution!**	**Deer**	**12:40**	**12:32**	**12:24**
50.6	41.5	31.5	Sign		Roxwell	12:42	12:34	12:26
51.2	40.9	31.8	X.Roads	Right	Boynton Cross Lane	12:43	12:35	12:27
51.2	40.9	31.8	T.Junction	Right	Boynton Cross Lane	12:43	12:35	12:27
51.3	40.8	31.9		Keep Left	Boynton Cross Lane	12:44	12:36	12:27
52.2	39.9	32.5	Junction	Right	Skreen's Park Road	12:45	12:37	12:29
52.2	39.9	32.5	T.Junction	Right	Skreen's Park Road	12:45	12:37	12:29
57.0	35.1	35.4	Junction	Left	Beech Road	12:54	12:45	12:36
57.3	34.8	35.6	Sign		Willingale	12:54	12:45	12:36
57.8	34.3	35.9	T.Junction	Right	Fyfield Road	12:55	12:46	12:37
58.6	**33.5**	**36.4**		**Caution!**	**Sharp Right Bend**	**12:56**	**12:47**	**12:38**
59.1	33.0	36.8		Keep Left	Willingale Road	12:57	12:48	12:38
61.0	31.1	37.9		Keep Right		13:00	12:51	12:41
61.2	30.9	38.1	Sign		Fyfield	13:01	12:51	12:41
61.2	**30.9**	**38.1**		**Caution!**	**Sharp Right Bend**	**13:01**	**12:51**	**12:41**
61.4	30.7	38.2	T.Junction	Left	B184 Ongar Road	13:01	12:51	12:42
61.9	30.2	38.5	Sign		Clatterford End	13:02	12:52	12:42
63.8	28.3	39.7	R/about	2nd Exit	Fyfield Road	13:05	12:55	12:45
65.1	27.0	40.5	R/about	2nd Exit	A128 High Street	13:08	12:57	12:47
65.4	**26.7**	**40.7**		**Caution!**	**Safety Camera 30mph**	**13:08**	**12:58**	**12:47**
65.6	26.5	40.8	Sign		Chipping Ongar	13:08	12:58	12:48
66.5	25.6	41.4		Keep Left	A128 Coopers Hill	13:10	13:00	12:49
67.0	25.1	41.7	M R/about	2nd Exit	A113 Stanford Rivers Road	13:11	13:00	12:50
68.8	23.3	42.8	Sign		Stanford Rivers	13:14	13:03	12:52
69.3	22.8	43.1	Junction	Right	Church Road	13:15	13:04	12:53

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
72.1	**20.0**	**44.8**	**20km to Finish**		**Drinks end**	**13:20**	**13:08**	**12:57**
72.4	19.7	45.0	Sign		Toot Hill	13:20	13:09	12:57
72.4	**19.7**	**45.0**	**QoM 1 Cat 3**	**Start**		**13:20**	**13:09**	**12:57**
72.7	**19.4**	**45.2**	**QoM 1 Cat 3**	**Finish**	**Toot Hill**	**13:21**	**13:09**	**12:58**
72.7	**19.4**	**45.2**	**Green Zone**	**Start**	**for 200m**	**13:21**	**13:09**	**12:58**
72.7	19.4	45.2	Junction	Left	Epping Road	13:21	13:09	12:58
75.8	16.3	47.1	Junction	Left	Mount End	13:26	13:14	13:02
76.9	15.2	47.8	T.Junction	Right	Mount End	13:28	13:16	13:04
77.1	**15.0**	**47.9**	**15km to Finish**			**13:28**	**13:16**	**13:04**
78.1	14.0	48.6	Sign		Fiddlers Hamlet	13:30	13:18	13:05
78.4	13.7	48.8	X.Roads	Right	Coopersale Street	13:31	13:18	13:06
79.2	**12.9**	**49.3**	**QoM 2 Cat 3**	**Start**		**13:32**	**13:20**	**13:07**
80.2	**11.9**	**49.9**	**QoM 2 Cat 3**	**Finish**	**Stonards Hill**	**13:34**	**13:21**	**13:08**
80.2	11.9	49.9	Sign		Epping	13:34	13:21	13:08
80.5	11.6	50.1	X.Roads	Straight	B181 Lindsey Street	13:34	13:22	13:09
80.6	11.5	50.1	T.Junction	Right	B181 Lindsey Street	13:34	13:22	13:09
80.7	11.4	50.2		Keep Left	B181 Lindsey Street	13:35	13:22	13:09
82.4	9.7	51.2		Keep Right	B181 Epping Road	13:38	13:25	13:12
82.1	**10.0**	**51.1**	**10km to Finish**			**13:37**	**13:24**	**13:11**
83.1	**9.0**	**51.7**		**Caution!**	**Narrow Bridge**	**13:39**	**13:26**	**13:13**
83.7	8.4	52.0	Sign		Epping Upland	13:40	13:27	13:13
83.9	8.2	52.2	T.Junction	Left	B181 Epping Road	13:40	13:27	13:14
84.0	**8.1**	**52.2**		**Caution!**	**Sharp Left Bend**	**13:40**	**13:27**	**13:14**
84.7	7.4	52.7		Keep Right	B181 Epping Road	13:42	13:28	13:15
85.5	6.6	53.2	Sign		Epping Green	13:43	13:30	13:16
86.0	**6.1**	**53.5**		**Caution!**	**Deer**	**13:44**	**13:30**	**13:17**
87.1	**5.0**	**54.2**	**5km to Finish**			**13:46**	**13:32**	**13:18**
88.8	3.3	55.2	R/about	3rd Exit	B1133 Water Lane	13:49	13:35	13:21
89.1	**3.0**	**55.4**	**Green Zone**	**Start**	**for 200m**	**13:49**	**13:35**	**13:21**
89.6	2.5	55.7	R/about	2nd Exit	B1133 Water Lane	13:50	13:36	13:22
90.0	2.1	56.0	R/about	1st Exit	A1169 Katherine's Way	13:51	13:37	13:22
91.7	0.4	57.0	T.Lights	Straight	Third Avenue	13:54	13:39	13:25
92.1	**0.0**	**57.3**	**Finish**		**Third Avenue – Harlow**	**13:54**	**13:40**	**13:25**

NOTES