

# 3

## RACE SCHEDULE DURHAM TO SUNDERLAND

### Neutralised section

Elvet Hill Road, Potters Bank, Lowes Barn Bank, Neville's Cross Bank, Broom Lane, Front Street, Durham Road, Station Road, South View, Cockhouse Lane, Durham Road.

Approximate distance of neutralised section 4.9km / 3miles

Distance of stage 163.6km / 101.7miles

Neutralised start 11:15

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
			Start Neutralised		St Mary's College – Durham	11:15	11:15	11:15
0.00	163.6	0.00	Start Proper		B6302 Durham Road – Ushaw Moor	11:30	11:30	11:30
1.3	162.3	0.8	T.Junction	Left	Station Road	11:32	11:31	11:31
1.3	162.3	0.8	Junction	Right	B6302 South View	11:32	11:31	11:31
2.4	161.2	1.5	Sign		Deerness View	11:33	11:33	11:33
2.9	160.7	1.8	X.Roads	Straight	B6302	11:34	11:34	11:33
4.5	159.1	2.8	Sign		Esh Winning	11:37	11:36	11:35
5.4	158.2	3.4	X.Roads	Straight		11:38	11:37	11:36
5.6	158.0	3.5	Junction	Right	B6302 Newhouse Road	11:38	11:38	11:37
8.1	155.5	5.0	Sign		Cornsay Colliery	11:42	11:41	11:40
8.3	155.3	5.2	T.Junction	Left	B6301 Hedleyhill Lane	11:43	11:41	11:40
10.3	153.3	6.4		Caution!	Sheep for 5km (3 miles)	11:46	11:44	11:43
14.6	149.0	9.1	Sign		Tow Law	11:52	11:50	11:48
15.0	148.6	9.3	T.Junction	Left	A68 Castle Bank	11:53	11:51	11:49
15.4	148.2	9.6	X.Roads	Straight		11:54	11:52	11:49
15.6	148.0	9.7	Junction	Right	B6297 Wolsingham Road	11:54	11:52	11:50
16.7	146.9	10.4		Caution!	Fast Descent	11:56	11:53	11:51
20.0	143.6	12.4	Sign		Wolsingham	12:01	11:58	11:55
20.2	143.4	12.6		Keep Left	B6296	12:01	11:58	11:55
20.8	142.8	12.9		Keep Left	B6296	12:02	11:59	11:56
20.8	142.8	12.9		Keep Right	B6296	12:02	11:59	11:56
20.9	142.7	13.0	T.Junction	Right	A689 Front Street	12:02	11:59	11:56
25.1	138.5	15.6	Sign		Frosterley	12:09	12:05	12:02
28.9	134.7	18.0	Sign		Stanhope	12:15	12:11	12:07
29.8	133.8	18.5	Sprint 1		Stanhope	12:16	12:12	12:08
29.8	133.8	18.5			Green Zone for 200m	12:16	12:12	12:08
30.0	133.6	18.7	Drinks	Start		12:17	12:12	12:08
34.4	129.2	21.4	Sign		Eastgate	12:24	12:19	12:14
34.6	129.0	21.5		Keep Left	A689	12:24	12:19	12:14
36.0	127.6	22.4	Sign		North Pennines	12:26	12:21	12:16
38.8	124.8	24.1	Sign		Westgate	12:30	12:25	12:19
40.3	123.3	25.1		Keep Left	A689	12:33	12:27	12:21
40.5	123.1	25.2	Sign		Daddy Shield	12:33	12:27	12:22
41.2	122.4	25.6	Sign		St John's Chapel	12:34	12:28	12:22
41.5	122.1	25.8	Junction	Left	Harthope Road	12:35	12:29	12:23
41.7	121.9	25.9	KoM 1 Cat 1	Start		12:35	12:29	12:23
43.6	120.0	27.1		Caution!	Cattle Grid	12:38	12:32	12:26
45.5	118.1	28.3	KoM 1 Cat 1	Finish	Chapel Fell	12:41	12:35	12:28
45.5	118.1	28.3			Green Zone for 200m	12:41	12:35	12:28
45.6	118.0	28.4		Caution!	Cattle Grid	12:41	12:35	12:28
45.6	118.0	28.4		Caution!	Fast & Technical Descent	12:41	12:35	12:28
48.9	114.7	30.4		Caution!	Cattle Grid	12:46	12:39	12:32
48.9	114.7	30.4		Caution!	Fast Descent	12:46	12:39	12:32
48.9	114.7	30.4		Caution!	Sheep	12:46	12:39	12:32

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
49.2	114.4	30.6		Caution!	Sharp Left Bend on Descent	12:47	12:40	12:33
49.4	114.2	30.7		Caution!	Cattle Grid	12:47	12:40	12:33
49.4	114.2	30.7	T.Junction	Left	B6277	12:47	12:40	12:33
49.6	114.0	30.8	Sign		Forest-in-Teesdale	12:47	12:40	12:33
50.1	113.5	31.2		Caution!	Narrow Bridge	12:48	12:41	12:34
56.6	107.0	35.2	Sign		Bowlees	12:58	12:50	12:42
57.5	106.1	35.8	Sign		Newbiggin	13:00	12:52	12:43
61.1	102.5	38.0	Sign		Middleton-in-Teesdale	13:06	12:57	12:48
61.6	102.0	38.3		Caution!	Narrow Bridge	13:06	12:58	12:49
61.9	101.7	38.5	Junction	Right		13:07	12:58	12:49
62.5	101.1	38.9		Keep Left	B6277	13:08	12:59	12:50
64.2	99.4	39.9		Caution!	Narrow Bridge	13:10	13:01	12:52
64.5	99.1	40.1	Sign		Mickleton	13:11	13:02	12:52
68.3	95.3	42.5	Sign		Romaldkirk	13:17	13:07	12:57
68.5	95.1	42.6		Keep Right	B6277	13:17	13:07	12:58
69.9	93.7	43.5		Keep Left	B6277	13:19	13:09	12:59
70.4	93.2	43.8		Caution!	Narrow Bridge	13:20	13:10	13:00
70.7	92.9	44.0	Sign		Cotherstone	13:21	13:11	13:00
71.2	92.4	44.3		Caution!	Narrow Bridge	13:21	13:11	13:01
72.0	91.6	44.8		Keep Left	B6277	13:23	13:12	13:02
73.7	89.9	45.8	Sign		Lartington	13:25	13:15	13:04
73.8	89.8	45.9		Keep Left	B6277	13:25	13:15	13:04
77.1	86.5	47.9	Sign		Startforth	13:31	13:20	13:09
77.5	86.1	48.2	T.Lights	Left	A67 Bridgegate	13:31	13:20	13:09
77.6	86.0	48.3	Sign		Barnard Castle	13:31	13:20	13:09
77.9	85.7	48.4		Keep Left	A67 The Bank	13:32	13:21	13:10
78.0	85.6	48.5		Caution!	Build Out Nearside	13:32	13:21	13:10
78.1	85.5	48.6	R/about	1st Exit	A67 Market Place – Keep Left – No Cut!	13:32	13:21	13:10
78.4	85.2	48.8		Keep Right	A67 Galgate	13:33	13:22	13:10
78.6	85.0	48.9	X.Roads	Straight		13:33	13:22	13:11
78.7	84.9	48.9	X.Roads	Straight		13:33	13:22	13:11
78.9	84.7	49.1	X.Roads	Straight		13:33	13:22	13:11
79.1	84.5	49.2	Junction	Left	B6278	13:34	13:23	13:11
81.5	82.1	50.7	Junction	Right		13:38	13:26	13:14
84.1	79.5	52.3	X.Roads	Straight	B6279	13:42	13:30	13:18
84.1	79.5	52.3	KoM 2 Cat 2	Start		13:42	13:30	13:18
86.0	77.6	53.5		Caution!	Cattle Grid	13:45	13:32	13:20
86.0	77.6	53.5		Caution!	Sheep!	13:45	13:32	13:20
86.5	77.1	53.8	KoM 2 Cat 2	Finish	Billy Lane	13:45	13:33	13:21
86.5	77.1	53.8			Green Zone for 200m	13:45	13:33	13:21
86.6	77.0	53.9	T.Junction	Right	B6282	13:46	13:33	13:21
87.5	76.1	54.4		Caution!	Cattle Grid	13:47	13:35	13:22
89.4	74.2	55.6		Keep Right	B6282	13:50	13:37	13:24
89.5	74.1	55.7	Sign		Woodland	13:50	13:37	13:25



KM	KM to go	Miles	Feature	Instruction	Description			
						38km/h	42km/h	46km/h
154.4	9.2	96.0	X.Roads	Straight		15:32	15:10	14:48
155.6	8.0	96.8	Sign		East & Middle Herrington	15:34	15:12	14:50
156.2	7.4	97.1	R/about	1st Exit	A690 Durham Road	15:35	15:13	14:50
157.5	6.1	97.9		Keep Left	Long Central Island to Roundabout	15:37	15:15	14:52
157.9	5.7	98.2	R/about	2nd Exit	A690 Durham Road	15:38	15:15	14:53
158.2	5.4	98.4	T.Lights	Straight	A690 Durham Road	15:38	15:16	14:53
158.2	5.4	98.4	T.Lights	Straight	A690 Durham Road	15:38	15:16	14:53
158.6	5.0	98.6	T.Lights	Straight	A690 Durham Road	15:39	15:16	14:53
<b>158.6</b>	<b>5.0</b>	<b>98.6</b>			<b>5km to Finish</b>	<b>15:39</b>	<b>15:16</b>	<b>14:53</b>
<b>159.2</b>	<b>4.4</b>	<b>99.0</b>		<b>Caution!</b>	<b>⚠ Safety Camera 50kph (30mph)</b>	<b>15:40</b>	<b>15:17</b>	<b>14:54</b>
<b>159.4</b>	<b>4.2</b>	<b>99.1</b>		<b>Caution!</b>	<b>⚠ Build Out Offside</b>	<b>15:40</b>	<b>15:17</b>	<b>14:54</b>
<b>159.7</b>	<b>3.9</b>	<b>99.3</b>		<b>Caution!</b>	<b>⚠ Keep Left Central Splitter</b>	<b>15:40</b>	<b>15:18</b>	<b>14:55</b>
158.9	4.7	98.8	T.Lights	Straight	A690 Durham Road	15:39	15:17	14:54
160.1	3.5	99.6	T.Lights	Straight	A690 Durham Road	15:41	15:18	14:55
160.4	3.2	99.7	Junction	Right	Thornholme Road	15:42	15:19	14:56
<b>160.5</b>	<b>3.1</b>	<b>99.8</b>		<b>Caution!</b>	<b>⚠ Speed Humps x 8</b>	<b>15:42</b>	<b>15:19</b>	<b>14:56</b>
<b>160.6</b>	<b>3.0</b>	<b>99.9</b>			<b>3km to Finish</b>	<b>15:42</b>	<b>15:19</b>	<b>14:56</b>
<b>160.6</b>	<b>3.0</b>	<b>99.9</b>			<b>Green Zone for 200m</b>	<b>15:42</b>	<b>15:19</b>	<b>14:56</b>
161.2	2.4	100.2	R/about	2nd Exit	Belvedere Road	15:43	15:20	14:57
161.3	2.3	100.3	T.Lights	Right	A1231 Park Road	15:43	15:20	14:57
161.6	2.0	100.5	T.Lights	Straight	A1231 Park Road	15:43	15:20	14:57
161.8	1.8	100.6	T.Lights	Left	B1294 Toward Road	15:44	15:21	14:58
162.2	1.4	100.9	T.Lights	Right	B1294 Borough Road	15:44	15:21	14:58
162.3	1.3	100.9	X.Roads	Straight		15:45	15:21	14:58
162.4	1.2	101.0	X.Roads	Straight		15:45	15:22	14:58
162.5	1.1	101.1	R/about	1st Exit	A1018 Sans Street	15:45	15:22	14:58
162.8	0.8	101.2	R/about	2nd Exit	A1018 West Wear Street	15:45	15:22	14:59
163.0	0.6	101.4	T.Lights	Straight	A1018 West Wear Street	15:46	15:22	14:59
163.2	0.4	101.5	T.Lights	Straight	A183 St Mary's Boulevard	15:46	15:23	14:59
<b>163.6</b>	<b>0.0</b>	<b>101.7</b>	<b>Finish</b>		<b>🏁 Keel Square – Sunderland</b>	<b>15:47</b>	<b>15:23</b>	<b>15:00</b>