

ITINERARY TIMETABLE

| KM | | STAGE 4 | | | | TIMETABLE | | | |
|------------------|--------------|-------------|--|--|--------------|--------------|--------------|--------------|--|
| To be run | Run | | | | Caravan | 41 kph | 39 kph | 37 kph | |
| AUBE (10) | | | | | | | | | |
| | | | TROYES | | 11:05 | 13:00 | 13:00 | 13:00 | |
| | | D93 | SAINT-JULIEN-LES-VILLAS | | | | | | |
| | | D49 | BRÉVIANDES | | | | | | |
| | | | Cross level n°91 | | | | | | |
| 126.8 | 0 | | TROYES | | | 13:10 | 13:10 | 13:10 | |
| 124.2 | 2.6 | | VERRIÈRES | | | 13:14 | 13:14 | 13:14 | |
| 120.7 | 6.1 | | Saint-Aventin (D49-D49A) | | | 13:19 | 13:19 | 13:20 | |
| 119.5 | 7.3 | D49 A | CLÉREY (D49 A- D21A-D1) | | | 13:21 | 13:21 | 13:22 | |
| 116.6 | 10.2 | D1 | RENAULT (FRESNOY-LE-CHÂTEAU) | | | 13:25 | 13:26 | 13:26 | |
| 113.9 | 12.9 | | Le Haut Chêne | | | 13:29 | 13:30 | 13:31 | |
| 110.4 | 16.4 | | LUSIGNY-SUR-BARSE (D1-D619-D1-D1G) | | | 13:34 | 13:35 | 13:37 | |
| 102.4 | 24.4 | | Crossroads D1G-D1 | | | 13:46 | 13:47 | 13:50 | |
| 102 | 24.8 | | GÉRAUDOT (D1-D43) | | | 13:46 | 13:48 | 13:50 | |
| 100 | 26.8 | D43 | Le Pavillon | | | 13:49 | 13:51 | 13:53 | |
| 99.8 | 27 | | PINEY | | | 13:49 | 13:51 | 13:54 | |
| 95.3 | 31.5 | | Crossroads D43-D79 | | | 13:56 | 13:58 | 14:01 | |
| 93.3 | 33.5 | D79 | Waste zone | | | 13:59 | 14:04 | 14:05 | |
| 90.4 | 36.4 | | Domaine de l'Ermitage | | | 14:03 | 14:06 | 14:09 | |
| 87.3 | 39.5 | | VENDEVRE-SUR-BARSE (D79-D619-D443-D81) | | 12:10 | 14:08 | 14:11 | 14:14 | |
| 79.4 | 47.4 | D81 | VILLY-EN-TRODES (D81-D63-D81) | | | 14:19 | 14:23 | 14:27 | |
| 74.6 | 52.2 | | POLIGNY (D81-D43) | | | 14:26 | 14:30 | 14:34 | |
| 72 | 54.8 | D43 | COURTENOT | | | 14:30 | 14:34 | 14:39 | |
| 70.8 | 56 | | BOURGUIGNONS (D43-D49) | | | 14:32 | 14:36 | 14:41 | |
| 67.9 | 58.9 | D49 | BAR-SUR-SEINE (D49-D443-D4) | | | 14:36 | 14:41 | 14:46 | |
| 66.4 | 60.4 | D443 | BAR-SUR-SEINE | | 12:54 | 14:38 | 14:43 | 14:48 | |
| 65 | 61.8 | D4 | MERREY-SUR-ARCE (D4-D167-D67B) | | | 14:40 | 14:45 | 14:50 | |
| 60.4 | 66.4 | D67 B | CELLES-SUR-OURCE (D67B-D67-VC) | | | 14:47 | 14:52 | 14:58 | |
| 58.7 | 68.1 | | Côte de Celles-sur-OURCE | | 13:16 | 14:50 | 14:55 | 15:00 | |
| 58.7 | 68.1 | VC | Start of the white road of Celles | | | 14:50 | 14:55 | 15:00 | |
| 56.2 | 70.6 | | End of the white road of Celles (2,300m) | | | 14:53 | 14:59 | 15:04 | |
| 55.3 | 71.5 | | BUXEUIL (VC-D971) | | | 14:55 | 15:00 | 15:06 | |
| 54.5 | 72.3 | D971 | BUXEUIL | | | 14:56 | 15:01 | 15:07 | |
| 53.6 | 73.2 | | NEUVILLE-SUR-SEINE (D971-VC) | | | 14:57 | 15:03 | 15:09 | |
| 49.5 | 77.3 | VC | Côte du Val des Clos | | | 15:03 | 15:09 | 15:15 | |
| 49.4 | 77.4 | | Start of the white road of Hautes Forêts | | 13:41 | 15:03 | 15:09 | 15:15 | |
| 47 | 79.8 | | GYÉ-SUR-SEINE | | | 15:07 | 15:13 | 15:13 | |
| 45.7 | 81.1 | | Crossroads VC-D70 | | | 15:09 | 15:15 | 15:22 | |
| 45.6 | 81.2 | D70 | End of the white road of Hautes Forêts (3,200m) | | | 15:09 | 15:15 | 15:22 | |
| 40.5 | 86.3 | | ESSOYES (D70-D67-VC-D79) | | | 15:16 | 15:23 | 15:30 | |
| 37.7 | 89.1 | D79 | Crossroads D79-VC | | | 15:20 | 15:27 | 15:34 | |
| 37.5 | 89.3 | VC | Start of the white road of plateau de Blu | | | 15:21 | 15:27 | 15:35 | |
| 32.9 | 93.9 | | Crossroads VC-D45 | | | 15:27 | 15:34 | 15:42 | |
| 32.9 | 93.9 | | End of the white road of plateau de Blu (4,400m) | | | 15:27 | 15:34 | 15:42 | |
| 30.8 | 96 | D45 | NOÉ-LES-MALLETS | | | 15:30 | 15:38 | 15:46 | |
| 28.2 | 98.6 | | Côte de Maître Jean | | | 15:34 | 15:42 | 15:50 | |
| 27.9 | 98.9 | | CHACENAY (D45-D79) | | | 15:35 | 15:42 | 15:50 | |
| 24.7 | 102.1 | D79 | ÉGUILLY-SOUS-BOIS (D79-VC-D4) | | | 15:39 | 15:47 | 15:56 | |
| 22.7 | 104.1 | D4 | VITRY-LE-CROISÉ (D4-D30-VC) | | | 15:42 | 15:50 | 15:59 | |
| 20.4 | 106.4 | VC | Côte de Vitry | | | 15:46 | 15:54 | 16:02 | |
| 20.4 | 106.4 | | Start of the white road of Vitry | | | 15:46 | 15:54 | 16:02 | |
| 17.4 | 109.4 | | End of the white road of Vitry (3,000m) | | | 15:50 | 15:58 | 16:07 | |
| 17.4 | 109.4 | | BLIGNY (VC-D12-D4) | | | | | | |
| 14.6 | 112.2 | | Crossroads D4-D44 | | | 15:54 | 16:03 | 16:12 | |
| 14.6 | 112.2 | | Waste zone | | | 15:54 | 16:03 | 16:12 | |
| 13.8 | 113 | D44 | MEURVILLE (near) (D44-D101) | | | 15:55 | 16:04 | 16:13 | |
| 11.4 | 115.4 | D101 | BERGÈRES (D101-D201) | | | 15:59 | 16:07 | 16:17 | |
| 9.1 | 117.7 | D201 | Côte des Bergères | | 14:57 | 16:02 | 16:11 | 16:21 | |
| 7 | 119.8 | | VAL PERDU (COUVIGNON) (D201-VC-D4) | | | 16:05 | 16:14 | 16:24 | |
| 5.1 | 121.7 | D4 | Côte du Val Perdu | | | 16:08 | 16:17 | 16:27 | |
| 4.9 | 121.9 | | BAR-SUR-AUBE (D4-D4B-D619) | | | 16:08 | 16:17 | 16:28 | |
| 0 | 126.8 | D619 | BAR-SUR-AUBE | | 15:21 | 16:15 | 16:25 | 16:35 | |

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.9km

CATEGORISED CLIMBS AND SUMMIT FINISHES

- 3 km 68.1 - Côte de Celles-sur-OURCE**
Climb of 1.1km at 8.9%
- 3 km 77.3 - Côte du Val des Clos**
Climb of 900m at 8.8%
- 4 km 98.6 - Côte de Maître Jean**
Climb of 1.8km at 4.4%
- 4 km 106.4 - Côte de Vitry**
Climb of 900m at 6.9%
- 4 km 121.7 - Côte du Val Perdu**
Climb of 1.8km at 4%

ROUTES FOR NON-RACE VEHICLES

From the car parks take the boulevard Danton, cours Jacquin, avenue du 1^{er}-Mai "Toutes directions", before joining the D619 at avenue du Maréchal de Lattre Tassigny, heading towards Bar-sur-Aube, then take the A26 towards "Châlons - Reims", continue on the A5 towards Mulhouse - Lyon, take exit 22 towards "Châtillon - Bar-sur-Seine" before joining the D443 towards "Bar-sur-Aube". In Vendevre-sur-Barse, take rue Patout (towards "Stade - Tennis"), then the D39 (towards "Centre-ville"), the D79B "Autres directions", then the D619 towards "Chaumont - Bar-sur-Aube".

Entry point onto the race route: no insertion point, direct access to the finish car parks.

Total distance: 67 km

RESTRICTIONS ON THE CARAVAN

Km 1.6 - between neutralised start and official start, Saint-Julien-les-Villas, bridge

Maximum height: 3.90m

Diversions on the route

- km 68.1: white road of Celles
- km 77.4: white road of Hautes Forêts
- km 89.3: white road of plateau de Blu
- km 106.4: white road of Vitry