

4

RACE SCHEDULE

REDCAR TO DUNCOMBE PARK, HELMSLEY

Neutralised section

Esplanade, Granville Terrace, Coast Road.

Approximate distance of neutralised section 2.7km / 1.6miles

Distance of stage 149.5km / 93miles

Neutralised start 11:30

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
			Start Neutralised		Esplanade – Redcar	11:30	11:30	11:30
0.00	149.5	0.00	Start Proper		A1085 Coast Road	11:45	11:45	11:45
1.3	148.2	0.8	Sign		Marske	11:47	11:46	11:46
1.9	147.6	1.2	R/about	2nd Exit	A1085 High Street	11:47	11:47	11:47
3.1	146.4	1.9	R/about	1st Exit	Marske Road	11:49	11:49	11:48
4.4	145.1	2.7	Sign		Saltburn-by-the-Sea	11:51	11:51	11:50
5.5	144.0	3.4	X.Roads	Right	Hilda Place	11:53	11:52	11:52
5.8	143.7	3.6	X.Roads	Straight		11:54	11:53	11:52
6.6	142.9	4.1	T.Junction	Right	The Zetland	11:55	11:54	11:53
6.7	142.8	4.2		Caution!	Keep Right Central Island after T-Junction	11:55	11:54	11:53
6.8	142.7	4.2	Junction	Left	Glenside	11:55	11:54	11:53
7.4	142.1	4.6		Keep Left	Victoria Terrace	11:56	11:55	11:54
7.7	141.8	4.8	T.Junction	Right	Marske Mill Lane	11:57	11:56	11:54
7.9	141.6	4.9	T.Junction	Left	Guisborough Road	11:57	11:56	11:55
9.8	139.7	6.1	T.Lights	Left	A174 Apple Orchard Bank	12:00	11:59	11:57
9.8	139.7	6.1		Caution!	Fast Descent	12:00	11:59	11:57
11.2	138.3	7.0	R/about	2nd Exit	A173 Marske Lane	12:02	12:01	11:59
11.2	138.3	7.0		Keep Right	Central Island	12:02	12:01	11:59
11.8	137.7	7.3	T.Lights	Left	High Street	12:03	12:01	12:00
11.9	137.6	7.4		Keep Left	High Street	12:03	12:02	12:00
12.1	137.4	7.5	X.Roads	Straight		12:04	12:02	12:00
12.3	137.2	7.6	X.Roads	Straight		12:04	12:02	12:00
12.9	136.6	8.0		Keep Left	High Street	12:05	12:03	12:01
13.0	136.5	8.1	Sign		New Skelton	12:05	12:03	12:01
13.7	135.8	8.5	Sign		North Skelton	12:06	12:04	12:02
14.1	135.4	8.8		Caution!	Build outs	12:07	12:05	12:03
14.5	135.0	9.0	R/about	2nd Exit	A174	12:07	12:05	12:03
15.2	134.3	9.5	Sign		Brotton	12:08	12:06	12:04
15.5	134.0	9.6	T.Lights	Straight	High Street	12:09	12:07	12:04
15.9	133.6	9.9		Keep Right	High Street	12:09	12:07	12:05
16.3	133.2	10.1	T.Lights	Straight	High Street	12:10	12:08	12:05
17.1	132.4	10.6	R/about	1st Exit	A174 Brotton Road	12:11	12:09	12:06
17.3	132.2	10.8	Sign		Carlin How	12:12	12:09	12:07
18.5	131.0	11.5		Caution!	Hairpin Bend Left	12:14	12:11	12:08
19.1	130.4	11.9	Sign		Loftus	12:15	12:12	12:09
19.7	129.8	12.3		Caution!	Build outs	12:15	12:13	12:10
19.9	129.6	12.4	T.Lights	Straight	A174 Zetland Road	12:16	12:13	12:10
20.5	129.0	12.7	X.Roads	Straight		12:17	12:14	12:11
22.0	127.5	13.7	Sign		Easington	12:19	12:16	12:13
24.0	125.5	14.9		Caution!	Fast Descent!	12:22	12:19	12:15
26.1	123.4	16.2	Sign		Staithe	12:26	12:22	12:18
28.1	121.4	17.5	Sign		Hinderwell	12:29	12:25	12:21
28.2	121.3	17.5	X.Roads	Straight		12:29	12:25	12:21
30.0	119.5	18.7	Drinks	Start		12:32	12:27	12:23

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
30.3	119.2	18.8	X.Roads	Straight		12:32	12:28	12:23
34.4	115.1	21.4	X.Roads	Straight		12:39	12:34	12:29
36.6	112.9	22.8		Caution!	Fast & Technical Descent!	12:42	12:37	12:32
37.8	111.7	23.5		Caution!	Sharp Bend Left on Descent!	12:44	12:39	12:33
37.9	111.6	23.6		Caution!	Sharp Bend Right on Descent!	12:44	12:39	12:33
38.3	111.2	23.8		Caution!	Narrow Bridge	12:45	12:39	12:34
40.9	108.6	25.4	M R/about	2nd Exit	A174 White Bridge Road	12:49	12:43	12:37
41.1	108.4	25.6	X.Roads	Straight		12:49	12:43	12:37
41.2	108.3	25.6	X.Roads	Straight		12:49	12:43	12:37
41.6	107.9	25.9	R/about	2nd Exit	A174 Upgang Road	12:50	12:44	12:38
42.0	107.5	26.1	R/about	3rd Exit	A174 Chubb Hill	12:51	12:45	12:39
42.3	107.2	26.3	M R/about	1st Exit		12:51	12:45	12:39
42.8	106.7	26.6	R/about	1st Exit	New Quay Road	12:52	12:46	12:40
43.0	106.5	26.7		Caution!	Swing Bridge	12:52	12:46	12:40
43.1	106.4	26.8		Keep Right	Church Street	12:52	12:46	12:40
43.3	106.2	26.9	Junction	Left	Green Lane	12:53	12:46	12:40
44.4	105.1	27.6	Sprint 1		Whitby	12:54	12:48	12:42
44.4	105.1	27.6			Green Zone for 200m	12:54	12:48	12:42
44.5	105.0	27.7	T.Junction	Right	Hawsker Lane	12:54	12:48	12:42
48.2	101.3	30.0	T.Junction	Left	A171	13:00	12:53	12:46
48.5	101.0	30.2	Sign		Hawsker	13:01	12:54	12:47
48.6	100.9	30.2	Junction	Left	B1447	13:01	12:54	12:47
49.0	100.5	30.5		Keep Left	B1447	13:02	12:55	12:48
49.4	100.1	30.7		Keep Right	B1447	13:02	12:55	12:48
50.0	99.5	31.1		Caution!	Fast Descent!	13:03	12:56	12:49
51.2	98.3	31.8	X.Roads	Straight		13:05	12:58	12:50
51.3	98.2	31.9		Caution!	Sharp Right Bend!	13:05	12:58	12:50
51.9	97.6	32.3		Caution!	Sharp Right Bend!	13:06	12:59	12:51
52.2	97.3	32.5	Sign		Robin Hood's Bay	13:07	12:59	12:52
52.4	97.1	32.6		Keep Right	B1447	13:07	12:59	12:52
52.5	97.0	32.6		Keep Left	B1447	13:07	13:00	12:52
52.7	96.8	32.8	Junction	Right	Thorpe Lane	13:07	13:00	12:52
53.6	95.9	33.3	X.Roads	Straight		13:09	13:01	12:53
53.6	95.9	33.3	KoM 1 Cat 1	Start		13:09	13:01	12:53
54.4	95.1	33.8		Caution!	Hairpin Bend Right on Ascent	13:10	13:02	12:54
55.2	94.3	34.3	KoM 1 Cat 1	Finish	Robin Hood's Bay	13:11	13:03	12:55
55.9	93.6	34.8	T.Junction	Left	A171	13:12	13:04	12:56
57.0	92.5	35.4	Junction	Right	A1416	13:14	13:06	12:58
57.8	91.7	35.9		Caution!	Deer	13:15	13:07	12:59
59.7	89.8	37.1		Keep Right	B1416	13:18	13:10	13:01
62.4	87.1	38.8	Sign		Oakley Bank	13:23	13:14	13:05
62.9	86.6	39.1		Keep Left	B1416 Sneaton Lane	13:23	13:14	13:05
63.7	85.8	39.6		Caution!	Fast Descent!	13:25	13:16	13:06
64.1	85.4	39.9		Caution!	Hairpin Bend Right on Descent!	13:25	13:16	13:07

KM	KM to go		Miles	Feature	Instruction	Description	38kmph		
	42kmph	46kmph					38kmph	42kmph	46kmph
64.5	85.0	40.1			Caution!	⚠️ Narrow Bridge	13:26	13:17	13:07
64.6	84.9	40.2			Caution!	⚠️ Level Crossing	13:26	13:17	13:08
64.6	84.9	40.2	TJunction	Right		B1410 The Carrs	13:26	13:17	13:08
66.5	83.0	41.4			Caution!	⚠️ Build outs	13:29	13:20	13:10
66.9	82.6	41.6			Keep Left	B1410 The Carrs	13:30	13:20	13:11
67.2	82.3	41.8	TJunction	Left		A169 Coach Road	13:30	13:21	13:11
67.4	82.1	41.9	Sign			Sleights	13:30	13:21	13:11
68.5	81.0	42.6	Junction	Right			13:32	13:22	13:13
72.1	77.4	44.8	Sign			Grosmont	13:38	13:28	13:17
72.4	77.1	45.0			Keep Right	Front Street	13:38	13:28	13:18
72.7	76.8	45.2			Caution!	⚠️ Fast Descent!	13:39	13:28	13:18
73.1	76.4	45.5			Caution!	⚠️ Level Crossing	13:39	13:29	13:18
73.5	76.0	45.7			Caution!	⚠️ Narrow Bridge	13:40	13:30	13:19
73.7	75.8	45.8			Keep Left		13:40	13:30	13:19
73.7	75.8	45.8	KoM 2 Cat 2	Start			13:40	13:30	13:19
75.3	74.2	46.8	KoM 2 Cat 2	Finish		🏡 Egton Bank	13:43	13:32	13:21
75.3	74.2	46.8				Green Zone for 200m	13:43	13:32	13:21
75.4	74.1	46.9	Sign			Egton	13:43	13:32	13:21
75.7	73.8	47.1	TJunction	Right		High Street	13:43	13:33	13:22
75.8	73.7	47.1	Junction	Left			13:44	13:33	13:22
77.9	71.6	48.4	X.Roads	Left			13:47	13:36	13:25
78.9	70.6	49.1	Junction	Right			13:48	13:37	13:26
80.4	69.1	50.0	TJunction	Left			13:51	13:39	13:28
80.8	68.7	50.2			Caution!	⚠️ Fast Descent!	13:51	13:40	13:28
81.1	68.4	50.4			Caution!	⚠️ Narrow Bridge	13:52	13:40	13:29
81.4	68.1	50.6			Caution!	⚠️ Cattle Grid	13:52	13:41	13:29
81.4	68.1	50.6			Caution!	⚠️ Sheep	13:52	13:41	13:29
82.5	67.0	51.3			Caution!	⚠️ Cattle Grid	13:54	13:42	13:31
82.5	67.0	51.3			Caution!	⚠️ Fast Descent!	13:54	13:42	13:31
82.8	66.7	51.5			Caution!	⚠️ Cattle Grid	13:55	13:43	13:31
87.2	62.3	54.2			Caution!	⚠️ Cattle Grid	14:02	13:49	13:37
87.7	61.8	54.5			Caution!	⚠️ Sharp Left Bend	14:02	13:50	13:37
88.1	61.4	54.8	TJunction	Right		Lodge Lane	14:03	13:50	13:38
89.0	60.5	55.3	TJunction	Right			14:04	13:52	13:39
89.1	60.4	55.4	Junction	Left			14:05	13:52	13:39
90.2	59.3	56.1			Caution!	⚠️ Narrow Bridge	14:06	13:53	13:40
90.4	59.1	56.2			Caution!	⚠️ Narrow Bridge	14:07	13:54	13:41
90.8	58.7	56.5			Keep Right		14:07	13:54	13:41
90.8	58.7	56.5	Sign			Castleton	14:07	13:54	13:41
91.8	57.7	57.1			Caution!	⚠️ Narrow Bridge	14:09	13:56	13:43
92.8	74.0	57.7			Caution!	⚠️ Cattle Grid	14:10	13:57	13:44
94.4	55.1	58.7	Junction	Left		dir Stokesley	14:13	13:59	13:46
95.6	53.9	59.4			Caution!	⚠️ Fast & Technical Descent!	14:15	14:01	13:47
95.9	53.6	59.6	Sign			Commondale	14:15	14:02	13:48
96.3	53.2	59.9			Caution!	⚠️ Sharp Right Bend	14:16	14:02	13:48
96.7	52.8	60.1			Caution!	⚠️ Sheep	14:16	14:03	13:49
98.6	50.9	61.3			Caution!	⚠️ Fast Descent!	14:19	14:05	13:51
98.8	50.7	61.4			Caution!	⚠️ Sharp Left Bend	14:20	14:06	13:52
98.9	50.6	61.5			Caution!	⚠️ Sheep	14:20	14:06	13:52
99.9	49.6	62.1	X.Roads	Straight			14:21	14:07	13:53
100.9	48.6	62.7			Caution!	⚠️ Narrow Bridge	14:23	14:09	13:54
101.1	48.4	62.9			Caution!	⚠️ Narrow Bridge	14:23	14:09	13:54
101.9	47.6	63.4	Sign			Kildale	14:25	14:10	13:56
104.5	45.0	65.0			Keep Right	Battersby Avenue	14:29	14:14	13:59
106.1	43.4	66.0			Keep Left		14:31	14:16	14:01

KM	KM to go		Miles	Feature	Instruction	Description	38kmph		
	42kmph	46kmph					38kmph	42kmph	46kmph
106.1	43.4	66.0	Sign			Easby	14:31	14:16	14:01
106.7	42.8	66.4	Junction	Right		Easby Lane	14:32	14:17	14:02
108.0	41.5	67.2	Junction	Right		Cross Lane	14:34	14:19	14:03
108.6	40.9	67.5			Caution!	⚠️ Narrow Bridge	14:35	14:20	14:04
109.3	40.2	68.0	M R/about	2nd Exit		Station Road	14:36	14:21	14:05
109.5	40.0	68.1	TJunction	Left		High Street	14:37	14:21	14:05
110.1	39.4	68.5	X.Roads	Straight		Low Green	14:38	14:22	14:06
110.5	39.0	68.7			Caution!	⚠️ Build out Nearside	14:38	14:22	14:07
110.6	38.9	68.8			Caution!	⚠️ Build out Offside	14:38	14:23	14:07
112.3	37.2	69.8	Junction	Left		High Street	14:41	14:25	14:09
112.8	36.7	70.1	TJunction	Left		A172	14:42	14:26	14:10
112.8	36.7	70.1	Junction	Right		Blackmore Road	14:42	14:26	14:10
113.9	35.6	70.8	TJunction	Left		B1365 Tanton Road	14:43	14:27	14:11
114.8	34.7	71.4	Junction	Right		Tanton Road	14:45	14:29	14:12
114.8	34.7	71.4	Sign			Stokesley	14:45	14:29	14:12
115.3	34.2	71.7	M R/about	2nd Exit		B1365 Springfield	14:46	14:29	14:13
115.6	33.9	71.9			Caution!	⚠️ Speed Humps x 3	14:46	14:30	14:13
115.8	33.7	72.0	R/about	3rd Exit		B1365 High Street	14:46	14:30	14:13
116.0	33.5	72.1	X.Roads	Straight			14:47	14:30	14:14
116.3	33.2	72.3	Sprint 2			🚦 Stokesley	14:47	14:31	14:14
116.3	33.2	72.3				Green Zone for 200m	14:47	14:31	14:14
116.4	33.1	72.4			Keep Left	B1365 Thirsk Road	14:47	14:31	14:14
116.6	32.9	72.5	Junction	Left		B1365 Thirsk Road	14:48	14:31	14:14
117.4	32.1	73.0	Junction	Right		A172 Caution! ⚠️ Against One Way!	14:49	14:32	14:15
117.4	32.1	73.0	TJunction	Right		A172	14:49	14:32	14:15
120.2	29.3	74.7			Keep Left	dir Carlton	14:53	14:36	14:19
120.3	29.2	74.8	TJunction	Left			14:54	14:36	14:19
120.8	28.7	75.1			Keep Left		14:54	14:37	14:20
120.9	28.6	75.2	Sign			Carlton-in-Cleveland	14:54	14:37	14:20
121.6	27.9	75.6	KoM 3 Cat 1	Start		Alum House Lane	14:56	14:38	14:21
122.7	26.8	76.3			Caution!	⚠️ Cattle Grid	14:57	14:40	14:22
123.6	25.9	76.9	KoM 3 Cat 1	Finish		🏡 Carlton Bank	14:59	14:41	14:23
124.5	25.0	77.4			Caution!	⚠️ Cattle Grid	15:00	14:42	14:25
126.0	23.5	78.4			Caution!	⚠️ Fast Descent!	15:03	14:45	14:27
126.9	22.6	78.9			Caution!	⚠️ Sharp Left Bend on Descent	15:04	14:46	14:28
129.3	20.2	80.4	TJunction	Right		B1257	15:08	14:49	14:31
129.5	20.0	80.5	Drinks	End		🚦 20km to Finish	15:08	14:50	14:31
129.5	20.0	80.5				Green Zone for 200m	15:08	14:50	14:31
134.5	15.0	83.6				15km to Finish	15:16	14:57	14:37
136.4	13.1	84.8	Sign			Ryedale	15:19	14:59	14:40
139.1	10.4	86.5			Keep Left	B1257	15:23	15:03	14:43
139.5	10.0	86.7				10km to Finish	15:24	15:04	14:44
139.9	9.6	87.0			Caution!	⚠️ Deer	15:24	15:04	14:44
141.1	8.4	87.7	Sprint 3			🚦 Newgate Bank	15:26	15:06	14:46
144.5	5.0	89.9				5km to Finish	15:32	15:11	14:50
146.5	3.0	91.1				3km to Finish	15:35	15:14	14:53
146.5	3.0	91.1				Green Zone for 200m	15:35	15:14	14:53
148.1	1.4	92.1	Sign			Helmsley	15:37	15:16	14:55
148.7	0.8	92.5	Junction	Left		Market Place	15:38	15:17	14:56
148.8	0.7	92.5	M R/about	3rd Exit		Market Place	15:38	15:17	14:56
149.0	0.5	92.7	Junction	Right		Buckingham Square	15:39	15:17	14:56
149.1	0.4	92.7			Keep Left		15:39	15:18	14:56
149.2	0.3	92.8			Caution!	⚠️ Cattle Grid	15:39	15:18	14:56
149.5	0.0	93.0	Finish			🏡 Duncombe Park - Helmsley	15:39	15:18	14:57