

STAGE 4: ASKIM – MYSEN, 119 KM

Route description

	Direction	From start	To finish	40 KM/H	38 KM/H	36 KM/H
Start Askim		-4		14:50	14:50	14:50
Roundabout Eidsbergveien	Second exit	-3,5				14:50
Official start - Askim		0	119,1	15:00	15:00	15:00
Junction Fv 1262/FV1246	Left	4	115,2	15:05	15:06	15:06
Junction FV 1246/RV 22	Right	7,6	111,5	15:11	15:11	15:12
Roundabout FV129/FV128	Third exit	12,3	106,8	15:18	15:19	15:20
Roundabout FV128/RV22	First exit	15,4	103,7	15:23	15:24	15:25
Attention: Central reservation		16,6	102,5	15:24	15:26	15:27
Attention: Narrow road		16,9	102,3	15:25	15:26	15:28
Junction RV22/FV129	Straight ahead	17	102,2	15:25	15:26	15:28
Roundabout FV129/Storgata	Second exit	17,5	101,6	15:26	15:27	15:29
Attention: Speed bumps		17,8	101,4	15:26	15:28	15:29
Mysen - første passering		18	101,2	15:26	15:28	15:29
Roundabout Smedgata/Vandugveien	First exit	18,4	100,7	15:27	15:29	15:30
QOM climb start - 1,3 km - AVG 4,9%/MAX 8,5%		18,8	100,3	15:28	15:29	15:31
QOM summit, cat3 - Momarken		20,2	98,9	15:30	15:31	15:33
Roundabout FV129/FV128	Third exit	20,3	98,8	15:30	15:32	15:33
Roundabout FV128/Ev18	First exit	23,3	95,9	15:34	15:36	15:38
Roundabout FV128/Ev18	Second exit	23,4	95,7	15:35	15:37	15:39
Slitu		24,6	94,6	15:36	15:38	15:40
Junction FV128/FV1246	Left	24,6	94,5	15:36	15:38	15:40
Junction FV124/FV1242	Right	31,4	87,7	15:47	15:49	15:52
Lekum mølle		31,5	87,6	15:47	15:49	15:52
Waste zone		31,6	87,5	15:47	15:49	15:52
Skjørtensvingen		37,4	81,7	15:56	15:59	16:02
Junction FV1242/KV28400	Left	37,4	81,7	15:56	15:59	16:02
Junction KV28400/FV1242	Right	37,4	81,7	15:56	15:59	16:02
Junction KV28400/FV115	Left	38,5	80,6	15:57	16:00	16:04
Entering Skiptvedt municipality		39,5	79,6	15:59	16:02	16:05
Passing river Glomma		39,6	79,5	15:59	16:02	16:06
Junction FV115/FV122	Left	41,2	78	16:01	16:04	16:08
Meieribyen		46,6	72,5	16:09	16:13	16:17
Junction FV115/FV1036	Right	47,1	72	16:10	16:14	16:18
Intermediate sprint - Meieribyen		47,1	72	16:10	16:14	16:18
Entering Indre Østfold municipality		54,6	64,5	16:21	16:26	16:31
Mørk		58,5	60,6	16:27	16:32	16:37
Junction FV1036/FV1034	Right	58,7	60,5	16:28	16:32	16:37
Junction FV1034/FV122	Right	67,3	51,8	16:40	16:46	16:52
Waste zone		67,4	51,7	16:41	16:46	16:52
Feeding zone		67,5	51,6	16:41	16:46	16:52
Entering Skiptvedt municipality		74,4	44,8	16:51	16:57	17:03
Junction FV122/FV115	Left	76,6	42,6	16:54	17:00	17:07
Entering Skiptvedt municipality		78,3	40,8	16:57	17:03	17:10
Entering Indre Østfold municipality		78,4	40,7	16:57	17:03	17:10
QOM climb start - 1,6km - AVG 3,5% / MAX 8,1%		78,6	40,5	16:57	17:04	17:10
Junction FV115/KV28400	Right	79,4	39,7	16:59	17:05	17:12

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	Direction	From start	To finish	40 KM/H	38 KM/H	36 KM/H
QOM summit, cat 3 - Vammasletten		80,2	38,9	17:00	17:06	17:13
Skjørtensvingen		80,5	38,6	17:00	17:07	17:14
Waste zone		86,3	32,8	17:09	17:16	17:23
Junction FV1242/FV124	Left	86,5	32,7	17:09	17:16	17:24
Junction FV1246/FV128	Straight ahead	93,3	25,9	17:19	17:27	17:35
Slitu		93,5	25,6	17:20	17:27	17:35
Junction FV 1246/RV 22	Left	98,2	20,9	17:27	17:35	17:43
Intermediate sprint - Skjønhaug		100,9	18,2	17:31	17:39	17:48
Skjønhaug		101,6	17,6	17:32	17:40	17:49
Junction RV22/FV115	Right	102	17,2	17:32	17:41	17:49
Junction FV115/FV1298	Right	103,6	15,5	17:35	17:43	17:52
Junction FV1298/FV1300	Left	107,3	11,8	17:40	17:49	17:58
Risbråthekrysset		107,4	11,7	17:41	17:49	17:58
Junction FV1300/FV123	Right	109,2	9,9	17:43	17:52	18:02
Waste zone		112,1	7	17:48	17:57	18:06
Roundabout FV123/Ev18	Second exit	115,6	3,5	17:53	18:02	18:12
Ramstadkrysset - second passing		115,7	3,4	17:53	18:02	18:12
Roundabout RV22/Ev18	First exit	115,8	3,3	17:53	18:02	18:12
Attention: Roundabout		116,5	2,6	17:54	18:04	18:14
Roundabout RV22	Second exit	116,6	2,6	17:54	18:04	18:14
Junction FV129/Storgata	Left	118,6	0,5	17:57	18:07	18:17
Attention: Sharp turn		118,7	0,4	17:58	18:07	18:17
Finish - Mysen		119,2	-0,1	17:58	18:08	18:18