

ITINERARY TIMETABLE

KM		STAGE 5		TIMETABLE			
To be run	Run			Caravan	41 kph	39 kph	37 kph
MEUSE (55)							
			BAR-LE-DUC (rue Salvador Allende) NEUTRALISED START	09:50	11:45	11:45	11:45
175.6	0	D935	BAR-LE-DUC RACE START		11:55	11:55	11:55
173.8	1.8		LONGEVILLE-EN-BARROIS (D935-N135)	10:03	11:58	11:58	11:58
168	7.6	N135	TRONVILLE-EN-BARROIS (N135-VC-N135)		12:06	12:07	12:07
165.9	9.7		VELAINES		12:09	12:10	12:11
165.4	10.2		Cross level n°3		12:10	12:11	12:11
163.8	11.8		LIGNY-EN-BARROIS (N135-D966)	10:29	12:12	12:13	12:14
162	13.6	D966	Cross level n°11		12:15	12:16	12:17
158.5	17.1		LONGEAUX		12:20	12:21	12:23
157.9	17.7		MENACOURT		12:21	12:22	12:24
155.1	20.5		Crossroads D966-D29		12:25	12:26	12:28
155.1	20.5	D29	Cross level n°29		12:25	12:26	12:28
155.0	20.6		NAIX-AUX-FORGES		12:25	12:26	12:28
153.3	22.3		BOVIOLLES		12:28	12:29	12:31
149.8	25.8		MARSON-SUR-BARBOURE		12:33	12:35	12:37
148	27.6		REFFROY		12:35	12:37	12:40
143.9	31.7		Crossroads D29-D194		12:41	12:44	12:46
142.6	33		Waste zone		12:45	12:47	12:50
140.9	34.7	D194	MAUVAGES (D194-D168-D10)		12:46	12:48	12:51
134.3	41.3	D10	Rosière-en-Blois (DELEUZE-ROZIÈRE) (D10-D960-D168)		12:55	12:58	13:02
130.3	45.3	D168	BADONVILLIERS-GÉRAUVILLIERS (D168-D193)		13:01	13:05	13:08
126.1	49.5	D193	ÉPIEZ-SUR-MEUSE		13:07	13:11	13:15
123	52.6		MAXEY-SUR-VAISE (D193-D964)	11:24	13:12	13:16	13:20
119.3	56.3	D964	Crossroads D964-D32		13:17	13:22	13:26
116	59.6	D32	PAGNY-LA-BLANCHE-CÔTE		13:22	13:27	13:32
114.2	61.4		Côte de Pagny-la-Blanche-Côte	11:49	13:25	13:29	13:35
MEURTHE-ET-MOSELLE (54)							
111.4	64.2	D4 B	VANNES-LE-CHÂTEL (D4 B-D4)		13:29	13:34	13:39
108.1	67.5	D4	La Taillerie (ALLAMPS)		13:34	13:39	13:44
102	73.6		COLOMBEY-LES-BELLES	12:18	13:43	13:48	13:54
95.6	80		CRÉPEY (D4-D904)		13:52	13:58	14:05
90.9	84.7	D904	GOVILLER		13:59	14:05	14:12
89.4	86.2		GOVILLER		14:01	14:08	14:15
84.9	90.7		VÉZELISE (D904-D5 B-D904)		14:08	14:14	14:22
82.6	93		QUEVILLONCOURT		14:11	14:18	14:26
75.1	100.5		XIROCOURT (D904-VC-D904)		14:22	14:30	14:38
70.1	105.5		Côte de Gripport	13:20	14:29	14:37	14:46
68.1	107.5		GRIPPORT (D904-D570)		14:32	14:40	14:49
VOSGES (88)							
63.3	112.3	D157	CHARMES (D157-D55-D32)		14:39	14:48	14:57
61.5	114.1	D157	CHARMES		14:42	14:50	15:00
60	115.6	D32	ESSEGNEY		14:44	14:53	15:02
58.4	117.2		LANGLEY		14:46	14:55	15:05
57.8	117.8		Cross level n°23		14:47	14:56	15:06
56.5	119.1		PORTIEUX		14:49	14:58	15:08
123.3			Waste zone		14:54	15:03	15:13
49.8	125.8		MORVILLE		14:59	15:09	15:19
41.3	134.3		MOYEMONT		15:11	15:22	15:33
37.7	137.9		ROMONT		15:17	15:27	15:39
34.5	141.1		RAMBERVILLERS (D32-D159B-D32)	14:38	15:21	15:32	15:44
29.2	146.4		JEANMÉNIL		15:29	15:40	15:52
26.7	148.9		Fraispertuis		15:33	15:44	15:56
20.4	155.2		Col du Haut du Bois		15:42	15:54	16:07
16.7	158.9		LA SALLE		15:47	15:59	16:13
15.4	160.2		Waste zone		15:49	16:01	16:14
14.3	161.3		NOMPATÉLIZE (D32-D82)		15:51	16:03	16:16
12.8	162.8	D82	Les Feignes		15:53	16:05	16:19
12.4	163.2		Sauceray		15:54	16:06	16:20
11.8	163.8		SAINT-MICHEL-SUR-MEURTHE		15:55	16:07	16:21
7.7	167.9		SAINT-DIÉ-DES-VOSGES (D82-D420-D415-VC-D49-VC-D82-VC)		16:01	16:13	16:27
0	175.6		SAINT-DIÉ-DES-VOSGES	15:40	16:12	16:25	16:40

DISTANCE FROM NEUTRALISED TO OFFICIAL START

4km

CATEGORISED CLIMBS AND SUMMIT FINISHES

4 km 61.4
Côte de Pagny-la-Blanche-Côte
Climb of 1.4km at 5.5%

4 km 105.5 - Côte de Gripport
Climb of 1.3km at 5.3%

ROUTES FOR NON-RACE VEHICLES

Exit point after 12km on the race route, take the N4 towards "Nancy" then continue on the A31 towards "Nancy". Take the A33 towards "Lunéville - Strasbourg", continue on the N333, exit "St Dié - Colmar" to join the N59, then take the exit "D85 La Pêcherie" after 5.2km on the N59, continue on the D85, avenue Verdun, rue des Trois Villes.
Entry point onto the race route: Crossroads rue des Trois Villes - rue de l'Amérique, 3.8km from the finish line.
Total distance: 166km