



Schedule

Kuah - Gunung Raya, Langkawi | 90.8 km

Monday | 17 October 2022

Start Location : Pekan Kuah, Langkawi

Finish Location : Gunung Raya, Langkawi

Neutral Zone : 3.5km

Cavalcade
@ 45mins
Backwind
Expected
Headwind

KM	KM TO GO	FEATURES	INSTRUCTION	DESCRIPTION	ESTIMATED TIME OF ARRIVAL (km/hrs)			
From Start Gantry Straight On Jalan Padang Matsirat, Traffic Light Junction Straight On, Traffic Light Junction Turn Right into Jalan Persiaran Mutiara 2, Traffic Light Junction Turn Left, End of Neutralize Zone at Petronas Kelibang					13:30	14:15	14:15	14:15
0.0	90.8	RACE START PROPER	Straight On	Petronas Kelibang	13:34	14:22	14:22	14:22
0.2	90.6	Traffic Light Junction	Straight On	Dir. Pdg Matsirat	13:34	14:22	14:22	14:22
2.0	88.8	Sign	Straight On	Petronas Tok Senik	13:37	14:24	14:24	14:24
3.4	87.4	Traffic Light Junction	Straight On	Hospital Sultanah Maliha	13:39	14:26	14:26	14:26
3.7	87.1	Traffic Light Junction	Turn Left	Dir. Bukit Malut / Temoyong	13:39	14:26	14:27	14:27
4.1	86.7	Junction	Straight On	Jalan Bukit Malut	13:40	14:27	14:27	14:28
5.3	85.5	Junction	Straight On	Dir. Dermaga Tg Lembong / Temoyong	13:41	14:29	14:29	14:29
5.4	85.4	Fork	Keep Right	Jalan Bukit Malut	13:41	14:29	14:29	14:29
7.4	83.4	Junction	Straight On	Dermaga Tanjung Lembong	13:44	14:31	14:32	14:32
9.8	81.0	Sign	Straight On	Markas Wilayah Laut 3 TLDM	13:47	14:35	14:35	14:36
13.4	77.4	T-Junction	Turn Right	Dir. Kedawang	13:52	14:39	14:40	14:41
14.4	76.4	Traffic Light Junction	Turn Left	Dir. Laman Padi / Pantai Cenang Telemong Mini Mart	13:53	14:41	14:42	14:43
15.8	75.0	Traffic Light Junction	Turn Right	Pantai Cenang Bypass	13:55	14:43	14:44	14:45
16.0	74.8	Junction	Straight On	Dir. Pdg Matsirat	13:56	14:43	14:44	14:45
16.2	74.6	Junction	Straight On	Dir. Pdg Matsirat	13:56	14:43	14:44	14:45
16.5	74.3	Junction	Straight On	Dir. Pdg Matsirat	13:56	14:44	14:45	14:46
17.0	73.8	Junction	Straight On	Dir. Pdg Matsirat	13:57	14:44	14:45	14:46
17.3	73.5	Traffic Light Junction	Turn Left	Dir. Pdg Matsirat / Pantai Cenang	13:57	14:45	14:46	14:47

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					Cavalcade @ 45mins	Backwind	Expected	Headwind
18.1	72.7	T-Junction	Turn Right	Dir. Pdg Matsirat / Kuala Teriang	13:58	14:46	14:47	14:48
23.1	67.7	Sign	Straight On	PULAPOL Langkawi	14:05	14:52	14:54	14:55
23.6	67.2	Junction	Straight On	Dir. Kuala Teriang	14:06	14:53	14:54	14:56
25.4	65.4	Fork	Keep Right	Jalan Kuala Muda	14:08	14:55	14:57	14:59
25.6	65.2	Bridge	Straight On	Sungai Langkawi	14:08	14:56	14:57	14:59
26.8	64.0	T-Junction	Turn Right	Dir. Pdg. Mat Sirat	14:10	14:57	14:59	15:01
26.9	63.9	Sign	Straight On	SK Kuala Teriang	14:10	14:57	14:59	15:01
27.0	63.8	Traffic Light Junction	Turn Left	Jalan Pantai Kok	14:10	14:58	14:59	15:01
27.5	63.3	Bridge	Straight On	Sungai Teriang	14:11	14:58	15:00	15:02
30.0	60.8	KM30	Straight On	Jalan Pantai Kok	14:14	15:02	15:03	15:05
31.8	59.0	SPRINT1 Telaga Harbour	Straight On	Petronas Harbour Park LADA KTPK 10 TNB Harbour Park Substesen	14:17	15:04	15:06	15:08
32.0	58.8	WASTE ZONE START	Straight On	Jalan Teluk Yu (113)	14:17	15:04	15:06	15:08
32.5	58.3	WASTE ZONE END	Straight On	Jalan Teluk Yu (113)	14:18	15:05	15:07	15:09
32.5	58.3	T-Junction	Turn Right	Dir. Air Terjun Temurun	14:18	15:05	15:07	15:09
35.9	54.9	Junction	Straight On	Dir. Pdg Lalang	14:22	15:09	15:12	15:14
40.1	50.7	Speed Hump	Straight On	SK Ewa	14:28	15:15	15:17	15:20
44.5	46.3	Junction	Straight On	Dir. Pdg Lalang / Kuah	14:34	15:21	15:24	15:27
45.1	45.7	SPRINT2 Teluk Yu	Straight On	TNB Pole ZCSB 14 (OTR)	14:34	15:22	15:24	15:28
47.6	43.2	Bridge	Straight On	Sungai Tok Puteri	14:38	15:25	15:28	15:31
48.0	42.8	Roundabout	2nd Exit	Dir. Ayer Hangat	14:38	15:26	15:28	15:32
49.1	41.7	Speed Hump	Straight On	SK Penghulu Ahmad	14:40	15:27	15:30	15:33
53.3	37.5	Sign	Straight On	SK Kilim	14:45	15:33	15:36	15:40



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					Cavalcade @ 45mins	Backwind	Expected	Headwind
58.2	32.6	Bridge	Straight On	Sungai Kisap	14:52	15:39	15:43	15:47
59.6	31.2	Bridge	Straight On	Sungai Sireh	14:54	15:41	15:45	15:49
60.0	30.8	WASTE ZONE START	Straight On	Jalan Ayer Hangat (112)	14:54	15:42	15:45	15:49
60.5	30.3	WASTE ZONE END	Straight On	Jalan Ayer Hangat (112)	14:55	15:42	15:46	15:50
62.1	28.7	Sign	Straight On	MRSM Langkawi	14:57	15:44	15:48	15:52
63.0	27.8	Splitter	Keep Left	Jalan Ayer Hangat	14:58	15:46	15:49	15:54
63.4	27.4	Traffic Light Junction	Straight On	Idaman Suri	14:59	15:46	15:50	15:54
63.8	27.0	SPRINT3 Kuah	Straight On	Blue roof overhead bridge SMK Mahsuri	14:59	15:47	15:51	15:55
64.6	26.2	Traffic Light Junction	Turn Right	Petronas Kuah	15:00	15:48	15:52	15:56
65.2	25.6	Junction	Straight On	Lebuhraya Langkawi	15:01	15:48	15:52	15:57
65.5	25.3	KOM L/raja Langkawi Cat3 E: 71m	Straight On	1st Yellow Arrow Sign Opposite Lane	15:02	15:49	15:53	15:57
69.8	21.0	Traffic Light Junction	Turn Right	Dir. Ulu Melaka	15:07	15:55	15:59	16:04
74.4	16.4	Bridge	Straight On	Sungai Korok	15:13	16:01	16:05	16:10
75.7	15.1	T-Junction	Turn Right	Dir. Padang Lalang	15:15	16:02	16:07	16:12
77.1	13.7	WASTE ZONE START	Straight On	Jalan Ulu Melaka (112)	15:17	16:04	16:09	16:14
77.6	13.2	WASTE ZONE END	Straight On	Jalan Ulu Melaka (112)	15:18	16:05	16:10	16:15
77.6	13.2	Junction	Turn Right	Dir. Gunung Raya	15:18	16:05	16:10	16:15
83.9	6.9	Bridge	Straight On	Small waterfall	15:26	16:13	16:19	16:24
84.3	6.5	Sign	Straight On	SADA Water Tank	15:27	16:14	16:19	16:25
87.8	3.0	Sign	Straight On	SADA Water Tank	15:31	16:19	16:24	16:30

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					ESTIMATED TIME OF ARRIVAL (km/hrs)			
90.5	0.3	Junction	Turn Right	Jalan Gunung Raya DEVIATION STRAIGHT ON	15:35	16:22	16:28	16:34
90.8	0.0	KOM FINISH Gunung Raya Cat1 E: 864m	Race End	Gunung Raya	15:35	16:23	16:28	16:34