

ITINERARY TIMETABLE

KM		STAGE 6		TIMETABLE			
To be run	Run			Caravan	39kph	37kph	35kph
HAUTES-PYRÉNÉES (65)							
		VC	TARBES (VC-D935-D808-VC-D608-D8-D608-N21-D608)	11:10	13:10	13:10	13:10
		D608	Crossroad D608-D21				
144.9	0	D21	TARBES	11:25	13:25	13:25	13:25
144.7	0.2		SÉMÉAC	11:25	13:25	13:25	13:25
143.4	1.5		SARROUILLES	11:28	13:27	13:27	13:27
140	4.9		LASLADES	11:33	13:31	13:31	13:32
137	7.9		Lac de l'Arrêt-Daré	11:38	13:35	13:35	13:36
136.2	8.7		COUSSAN (near)	11:40	13:36	13:36	13:37
134.9	10		Crossroad D21-D14	11:42	13:37	13:38	13:39
133.4	11.5	D14	Piginats (MOULÉDOUS) (near)	11:45	13:39	13:40	13:41
132.4	12.5		SINZOS (near)	11:46	13:41	13:41	13:42
131.2	13.7		BORDES (D14-D817)	11:48	13:42	13:43	13:44
129.3	15.6	D817	TOURNAY	11:52	13:44	13:45	13:46
126.6	18.3		OZON (D817-D14)	11:56	13:48	13:49	13:50
124.9	20	D14	Cross level n°142	11:59	13:50	13:51	13:52
123	21.9		RICAUD	12:02	13:52	13:53	13:55
121.9	23		GOURGUE (D14-D81)	12:04	13:54	13:55	13:56
117.9	27	D81	CAPVERN (D81-D938)	12:11	14:00	14:02	14:04
115	29.9		Côte de Capvern-les-Bains	12:16	14:05	14:07	14:09
109.8	35.1	D938	Avezac-Gare (AVEZAC-PRAT-LAHITTE) (D938-D929 A)	12:25	14:11	14:13	14:16
103.1	41.8	D929 A	Crossroad D929 A-D929	12:37	14:19	14:21	14:24
102.7	42.2	D929	HÈCHES	12:37	14:20	14:22	14:25
99.9	45		Rebouc	12:42	14:23	14:25	14:28
96.8	48.1		SARRANCOLIN	12:47	14:27	14:29	14:32
95.7	49.2		SARRANCOLIN	12:49	14:28	14:30	14:33
95	49.9		Beyrède (BEYRÈDE-JUMET-CAMOUS)	12:50	14:29	14:31	14:34
93.8	51.1		Escalère (BEYRÈDE-JUMET-CAMOUS)	12:52	14:30	14:33	14:36
89.1	55.8		ARREAU (D929-D918)	13:01	14:36	14:38	14:42
86.7	58.2	D918	Le Plagnou (ASPIN-AURE)	13:05	14:41	14:44	14:48
85.9	59		Les Abos (ASPIN-AURE)	13:06	14:43	14:46	14:50
76.8	68.1		Col d'Aspin (1,490m)	13:22	15:05	15:10	15:16
71.9	73		Payolle (CAMPAN)	13:30	15:09	15:14	15:21
68.3	76.6		La Séoube (CAMPAN)	13:36	15:12	15:18	15:24
67.2	77.7		Hountemelouse (CAMPAN)	13:38	15:13	15:19	15:25
66.4	78.5		Mariouse Daban (CAMPAN)	13:39	15:14	15:19	15:26
65.4	79.5		Les Artiguoux (CAMPAN)	13:41	15:15	15:20	15:27
64.6	80.3		Sainte-Marie-de-Campan (CAMPAN)	13:43	15:16	15:21	15:28
63.8	81.1		Les Bulanettes (CAMPAN)	13:44	15:17	15:22	15:29
62.3	82.6		Las Basses (CAMPAN)	13:47	15:21	15:26	15:34
61.9	83		Pas de la Barane (CAMPAN)	13:47	15:21	15:27	15:35
61.2	83.7		Cabadur (CAMPAN)	13:48	15:23	15:29	15:37
60	84.9		Gripp (CAMPAN)	13:50	15:26	15:33	15:41
57.5	87.4		Artigues (CAMPAN)	13:55	15:33	15:40	15:49
51.7	93.2		La Mongie (BAGNÈRES-DE-BIGORRE)	14:05	15:48	15:57	16:07
47	97.9		Col du Tourmalet (2,115m) Souvenir Jacques Goddet	14:13	16:00	16:10	16:22
42.4	102.5		Super-Barèges	14:21	16:04	16:14	16:26
38.8	106.1		Tournaboup (SERS, BARÈGES)	14:27	16:08	16:17	16:30
36	108.9		BARÈGES	14:32	16:10	16:20	16:32
31.9	113		BETPOUEY (near)	14:39	16:14	16:24	16:36
30.4	114.5		Lonquere-Glarets (VIELLA)	14:41	16:15	16:25	16:38
29.3	115.6		ESTERRE	14:43	16:16	16:26	16:39
28.5	116.4		LUZ-SAINT-SAUVEUR (D918-D921)	14:44	16:17	16:27	16:39
23.5	121.4	D921	Pont de la Reine (CHÈZE)	14:53	16:21	16:32	16:44
16.7	128.2		SOULOM (D921-D920)	15:05	16:27	16:38	16:51
16	128.9	D920	PIERREFITTE-NESTALAS	15:06	16:28	16:38	16:51
9.4	135.5		Quartier Calypso	15:17	16:44	16:55	17:10
8.8	136.1		Quartier Concé	15:18	16:45	16:57	17:11
8	136.9		CAUTERETS (D920-D920 A-D920)	15:20	16:47	16:59	17:14
5.2	139.7		Crossroad D920-VC	15:24	16:54	17:07	17:22
3.5	141.4	VC	La Ferme Basque	15:27	16:58	17:11	17:27
0	144.9		CAUTERETS-CAMBASQUE (1,355m)	15:33	17:06	17:20	17:37

DISTANCE FROM NEUTRALISED TO OFFICIAL START

7.6km

CATEGORISED CLIMBS AND SUMMIT FINISHES

3 km 29.9

Côte de Capvern-les-Bains
Climb of 5.6km at 4.8%

1 km 68.1 - Col d'Aspin
Climb of 12km at 6.5%

HC km 97.9 - Col du Tourmalet Souvenir Jacques Goddet
Climb of 17.1km at 7.3%

1 km 144.9 - Cauterets-Cambasque
Climb of 16km at 5.4%

RELAIS-ÉTAPE

Place de la Fête
65260 Soulom
Km 128.2

ROUTE FOR NON-RACE VEHICLES

Leave from the off-course (hors course) parking zone (don't go onto the race route). From Place du Foirail, take Rue Pierre Mendès France (to the Saint-Frai roundabout), Boulevard Jean Raoul Paul, Boulevard du Président Kennedy, Boulevard du 8 Mai 1945, Boulevard Claude Debussy and then continue on the N21 towards Lourdes. Coming into Lourdes, take the D821 and then the D913 to Argelès-Gazost.

Entry point onto the race route:
Crossroads of the D913 and D921 at Soulom, 17km from the finish line
Total distance: 43km

RESTRICTIONS ON THE CARAVAN

Km 144.9 - Cauterets-Cambasque
Narrow and steep road. Diversion for large vehicles at km 127.7

Km 121 to 128 - Cauterets-Cambasque
No public address allowed

Km 137 to 143 - Cauterets-Cambasque
No public address allowed