

# ITINERARY TIMETABLE

KM		STAGE 15				TIMETABLE			
To be run	Run				Caravan	38kph	36kph	34kph	
<b>HAUTE-SAOIE (74)</b>									
		VC	LES GETS LES PORTES DU SOLEIL (VC-D902)	NEUTRALISED START	11:05	13:05	13:05	13:05	
		D902	TANINGES						
<b>179</b>	<b>0</b>		LES GETS LES PORTES DU SOLEIL	RACE START	11:20	13:20	13:20	13:20	
178.8	0.2		TANINGES		11:20	13:20	13:20	13:20	
176.4	2.6		CHÂTILLON-SUR-CLUSES		11:25	13:23	13:24	13:24	
171.5	7.5		CLUSES (D902-D1205)		11:33	13:30	13:30	13:31	
<b>170.4</b>	<b>8.6</b>		<b>Cross level n°26</b>		<b>11:35</b>	<b>13:31</b>	<b>13:32</b>	<b>13:33</b>	
164	15	D1205	MARNAZ (near)		11:46	13:40	13:41	13:42	
162.7	16.3		VOUGY		11:49	13:42	13:43	13:44	
156.8	22.2		AYSE		11:59	13:50	13:51	13:52	
155.3	23.7		BONNEVILLE (D1205-D1203)		12:02	13:52	13:53	13:55	
153.5	25.5	D1203	Toisings (SAINT-PIERRE-EN-FAUCIGNY)		12:05	13:54	13:55	13:57	
150.8	28.2		Passerier (SAINT-PIERRE-EN-FAUCIGNY)		12:10	13:58	13:59	14:01	
149.9	29.1		Vozerier (SAINT-PIERRE-EN-FAUCIGNY)		12:11	13:59	14:01	14:03	
147.7	31.3		Vallières (AMANCY) (D1203-D2 B)		12:15	14:02	14:04	14:06	
147.5	31.5	D2 B	LA ROCHE-SUR-FORON (D2 B-D2)		12:16	14:02	14:04	14:06	
<b>146.1</b>	<b>32.9</b>	<b>D2</b>	<b>Cross level n°1</b>		<b>12:18</b>	<b>14:04</b>	<b>14:06</b>	<b>14:08</b>	
<b>146</b>	<b>33</b>		<b>Cross level n°75</b>		<b>12:18</b>	<b>14:04</b>	<b>14:06</b>	<b>14:08</b>	
141.9	37.1		Les Crys		12:25	14:09	14:12	14:14	
140.7	38.3		Le Vernet		12:28	14:11	14:13	14:16	
138.8	40.2		Col des Fleuries (FILLIÈRE)		12:31	14:14	14:16	14:19	
136.5	42.5		Pont de la Zone (FILLIÈRE)		12:35	14:17	14:19	14:22	
133.6	45.4		Thorens-Glières (FILLIÈRE) (D2-D5)		12:40	14:20	14:23	14:26	
131.8	47.2	D5	La Vuaz (FILLIÈRE)		12:43	14:23	14:26	14:29	
128.8	50.2		Aviernoz		12:49	14:27	14:30	14:33	
126.9	52.1		Disonche		12:52	14:29	14:33	14:36	
124.6	54.4		VILLAZ		12:56	14:32	14:36	14:40	
123.2	55.8		NÂVES-PARMELAN		12:58	14:34	14:38	14:42	
121	58		Laval		13:02	14:37	14:41	14:45	
118.6	60.4		Annecy-le-Vieux (ANNECY) (D5-D16)		13:07	14:40	14:44	14:48	
116.3	62.7	D16	Les Granges (ANNECY) (D16-D909)		13:11	14:43	14:47	14:52	
109.9	69.1	D909	ALEX		13:22	14:52	14:56	15:01	
<b>107</b>	<b>72</b>		<b>BLUFFY</b>		<b>13:27</b>	<b>14:56</b>	<b>15:00</b>	<b>15:05</b>	
106.5	72.5		BLUFFY (D909-D169)		13:28	14:57	15:01	15:06	
104.5	74.5	D169	Le Bosson		13:31	14:59	15:04	15:09	
104	75		Les Granges Perroix (TALLOIRES-MONTMIN) (D169-D42)		13:32	15:00	15:05	15:10	
102	77	D42	Vérel (TALLOIRES-MONTMIN)		13:36	15:04	15:09	15:15	
99.6	79.4		Rovagny (TALLOIRES-MONTMIN)		13:40	15:10	15:16	15:22	
<b>96.2</b>	<b>82.8</b>		<b>Col de la Forclaz de Montmin (1,157m)</b>		<b>13:46</b>	<b>15:19</b>	<b>15:25</b>	<b>15:32</b>	
93.9	85.1		Montmin (TALLOIRES-MONTMIN)		13:50	15:21	15:28	15:35	
92.9	86.1		La Perrière (TALLOIRES-MONTMIN)		13:52	15:22	15:29	15:36	
88.3	90.7		Vesonne (FAVERGES-SEYTHENEX) (D42-VC)		14:00	15:28	15:34	15:42	
86.7	92.3	VC	Mercier (FAVERGES-SEYTHENEX)		14:03	15:30	15:37	15:44	
86	93		La Balmette (FAVERGES-SEYTHENEX)		14:04	15:31	15:38	15:46	
84.9	94.1		Faverges (FAVERGES-SEYTHENEX) (VC-D2508-D12)		14:06	15:33	15:40	15:47	
82.5	96.5	D12	Le Noyeray (FAVERGES-SEYTHENEX)		14:10	15:37	15:44	15:52	
81.3	97.7		SAINT-FERRÉOL		14:12	15:38	15:46	15:54	
74.2	104.8		SERRAVAL		14:25	15:50	15:57	16:06	
71.2	107.8		Col du Marais		14:30	15:54	16:02	16:12	
67.3	111.7		LES CLEFS (near)		14:37	16:00	16:09	16:18	

## DISTANCE FROM NEUTRALISED TO OFFICIAL START

11.6km

## CATEGORISED CLIMBS AND SUMMIT FINISHES

- 1 km 82.8**  
Col de la Forclaz de Montmin  
Climb of 7.2km at 7.3%
- 1 km 124.5 - Col de la Croix Fry**  
Climb of 11.3km at 7%
- 3 km 133.3 - Col des Aravis**  
Climb of 4.4km at 5.8%
- 2 km 170.6 - Côte des Amerands**  
Climb of 2.7km at 10.9%
- 1 km 179 - Saint-Gervais Mont-Blanc**  
Climb of 7km at 7.7%

## RELAIS-ÉTAPE

Car park of the Princesse cable car  
74120 Demi-Quartier  
**Km 155.5**

## ROUTE FOR NON-RACE VEHICLES

Exit point after 9.5km on the neutralised route (crossroads of D902 and D1205). Take the D1205 towards the A40 to Chamonix. Go onto the A40 at junction 19. Leave the A40 at junction 21 (Passy), continue on the D339, the D1205 and the D902. At Saint-Gervais-les-Bains, on the D902 adjacent to the viaduct, follow the arrows to the specified parking zones, the permanence and the press room

**Total distance:** 27km

## RESTRICTION ON THE CARAVAN

**Km 179 - Le Bettex**  
Narrow and steep road. Diversion for large vehicles (Km 167.7 - Vervex)



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KM		STAGE 15		TIMETABLE			
To be run	Run			Caravan	38kph	36kph	34kph
66.1	112.9		THÔNES (D12-D16)	14:39	16:02	16:11	16:21
63.3	115.7	D16	La Combe	14:44	16:09	16:18	16:28
63	116		Villars Dessous	14:45	16:10	16:19	16:29
61.5	117.5		MANIGOD	14:47	16:13	16:23	16:34
59.6	119.4		Le Chenavray	14:51	16:18	16:28	16:40
57	122		Sous le Rocher	14:55	16:25	16:35	16:48
55.8	123.2		Les Épervières	14:57	16:28	16:39	16:51
<b>54.5</b>	<b>124.5</b>		<b>Col de la Croix Fry (1,477m)</b> 	<b>15:00</b>	<b>16:31</b>	<b>16:42</b>	<b>16:55</b>
50.2	128.8		La Praise (LA CLUSAZ) (D16-D909)	15:07	16:36	16:47	17:00
<b>45.7</b>	<b>133.3</b>	<b>D909</b>	<b>Col des Aravis</b> 	<b>15:15</b>	<b>16:43</b>	<b>16:55</b>	<b>17:08</b>
<b>SAVOIE (73)</b>							
41.3	137.7		LA GIETTAZ	15:23	16:50	17:02	17:16
34.6	144.4		FLUMET (D909-D1212)	15:35	17:00	17:12	17:27
32.3	146.7	D1212	Le Curtillet	15:39	17:03	17:16	17:31
31.6	147.4		Panloup	15:40	17:04	17:17	17:32
<b>HAUTE-SAVOIE (74)</b>							
30.5	148.5		PRAZ-SUR-ARLY	15:42	17:06	17:19	17:34
26.5	152.5		MEGÈVE	15:49	17:12	17:26	17:41
22.7	156.3		DEMI-QUARTIER	15:56	17:18	17:32	17:48
20.3	158.7		COMBLOUX	16:00	17:22	17:36	17:52
15.8	163.2		Crossroad D1212-D199	16:08	17:29	17:44	18:00
14	165	D199	DOMANCY	16:11	17:32	17:47	18:03
12.9	166.1		Crossroad D199-D1205	16:13	17:34	17:48	18:05
11.3	167.7	D1205	Crossroad D1205-VC	16:16	17:37	17:51	18:08
11.1	167.9	VC	Vervex	16:16	17:37	17:51	18:08
10.2	168.8		Lardin	16:18	17:38	17:53	18:10
<b>8.4</b>	<b>170.6</b>		<b>Côte des Amerands (888m) (VC-D909)</b> 	<b>16:21</b>	<b>17:41</b>	<b>17:56</b>	<b>18:13</b>
7.7	171.3	D909	SAINT-GERVAIS-LES-BAINS (D909-VC-D43)	16:22	17:42	17:57	18:14
5.7	173.3	D43	La Planchette	16:26	17:47	18:02	18:19
3.9	175.1		Le Gollet (D43-D343)	16:29	17:51	18:07	18:24
2.2	176.8	D343	Champoutant	16:32	17:55	18:11	18:29
0.2	178.8		Le Bettex (D343-VC)	16:35	18:00	18:16	18:35
<b>0</b>	<b>179</b>	<b>VC</b>	<b>SAINT-GERVAIS MONT-BLANC (1,372m)</b>  	<b>16:36</b>	<b>18:00</b>	<b>18:17</b>	<b>18:36</b>