

ITINERARY TIMETABLE

KM		STAGE 18		TIMETABLE			
To be run	Run			Caravan	47kph	45kph	43kph
SAVOIE (73)							
		VC	MOÛTIERS (VC-D990) 	11:05	13:05	13:05	13:05
		D990	AIGUEBLANCHE(D990-D94-D97A-D97)				
		D97	BELLECOMBE				
			LA LÉCHÈRE (D97-D97B-D990-D213-D66)				
		D66	ROGNAIX				
			SAINT-PAUL-SUR-ISERE (D66-D66A-D990)				
184.9	0	D990	MOÛTIERS  Km 0	11:35	13:35	13:35	13:35
184.5	0.4		CEVINS	11:35	13:35	13:35	13:35
183.2	1.7		LA BÂTHIE	11:37	13:37	13:37	13:37
182.9	2		Cross level n°41	11:38	13:38	13:38	13:38
180.1	4.8		Cité E.D.F.	11:42	13:41	13:41	13:42
179.1	5.8		TOURS-EN-SAVOIE	11:43	13:42	13:43	13:43
175.7	9.2		ALBERTVILLE (D990-D1212 A-D1212-D925)	11:48	13:47	13:47	13:48
172.8	12.1	D925	Pont Albertin	11:52	13:50	13:51	13:52
172.2	12.7		GRIGNON	11:53	13:51	13:52	13:53
169.1	15.8		La Plaine de Monthion (MONTHION)	11:57	13:55	13:56	13:57
167.5	17.4		NOTRE-DAME-DES-MILLIÈRES	11:59	13:57	13:58	13:59
165.6	19.3		SAINTE-HÉLÈNE-SUR-ISÈRE	12:02	14:00	14:01	14:02
163.1	21.8		Le Villard	12:05	14:03	14:04	14:05
160.4	24.5		Le Gros Chêne (AITON) (near)	12:09	14:06	14:08	14:09
159.5	25.4		Crossroad D925-D222	12:10	14:07	14:09	14:10
159	25.9	D222	Pont de Grézy (GRÉSY-SUR-ISÈRE) (D222-D1090)	12:11	14:08	14:09	14:11
153.4	31.5	D1090	Crossroad de Pont Royal (CHAMOUSSET) (D1090-D1006)	12:19	14:15	14:17	14:19
151.8	33.1	D1006	Les Îles (CHÂTEAUNEUF)	12:21	14:17	14:19	14:21
150.7	34.2		Crossroad de Saint-Pierre (SAINT-PIERRE-D'ALBIGNY)	12:23	14:19	14:21	14:23
142.9	42		ARBIN	12:34	14:29	14:31	14:34
140.2	44.7		MONTMÉLIAN	12:37	14:32	14:35	14:37
134.6	50.3		CHIGNIN	12:45	14:39	14:42	14:45
132.5	52.4		SAINTE-JEOIRE-PRIEURÉ	12:48	14:42	14:45	14:48
131.5	53.4		Crossroad D1006-D5	12:49	14:43	14:46	14:49
131	53.9	D5	CHALLES-LES-EAUX	12:50	14:44	14:47	14:50
129.2	55.7		LA RAVOIRE	12:53	14:46	14:49	14:53
126.4	58.5		Crossroad D5-D201	12:57	14:50	14:53	14:57
125.6	59.3	D201	CHAMBÉRY (D201-VC-D11-VC-D991)	12:58	14:51	14:54	14:58
122.8	62.1	D991	Côte de Chambéry-le-Haut 	13:02	14:54	14:58	15:02
118.6	66.3		Autigny (SONNAZ) (D991-VC)	13:07	15:00	15:03	15:07
117.7	67.2	VC	VOGLANS (VC-D10-D17)	13:09	15:01	15:05	15:09
114.9	70	D17	Crossroad D17-D1201	13:13	15:04	15:08	15:13
113.7	71.2	D1201	Terre-Nue (VIVIERS-DU-LAC) (D1201-D1201 A)	13:14	15:06	15:10	15:14
111.5	73.4	D1201 A	Crossroad D1201 A-D1504	13:17	15:09	15:13	15:17
110.8	74.1	D1504	LE BOURGET-DU-LAC	13:18	15:09	15:14	15:18
107	77.9		Tunnel du Chat (BOURDEAU)	13:24	15:14	15:19	15:24
104	80.9		SAINT-JEAN-DE-CHEVELU	13:28	15:18	15:23	15:28
99	85.9		YENNE (D1504-D921A-D921-D1504)	13:35	15:25	15:29	15:35
95.7	89.2		Gorges de la Balme	13:39	15:29	15:34	15:39
AIN (01)							
93.3	91.6		VIRIGNIN	13:43	15:32	15:37	15:43
88.5	96.4		BELLEY (D1504-D992-D69)	13:49	15:38	15:43	15:49
87.6	97.3	D992	Cross level	13:51	15:39	15:45	15:51

DISTANCE FROM NEUTRALISED TO OFFICIAL START

16.2km

CATEGORISED CLIMBS AND SUMMIT FINISHES

 km 62.1

Côte de Chambéry-le-Haut

Climb of 1.6km at 4.1%

 km 105.2 - Côte de Boissieu

Climb of 2.4km at 4.7%

RELAIS-ÉTAPE

Place du Pont

01250 Tossiat

Km 165.1

ROUTE FOR NON-RACE VEHICLES

Leave from the off-course (hors course) parking zone (don't go onto the race route). Take the N90 towards Albertville and then take the A430 heading for Lyon. Continue on the A43 to Chambéry, then take the N201 before once again picking up the A43 towards Lyon. Approaching Lyon, take the N346 towards Paris. Leave the N346 and join the A42 towards Bourg-en-Bresse. At Pont-d'Ain, take the A40 towards Bourg-en-Bresse. Leave the A40 at junction 7 and continue on the D1075 to Bourg-en-Bresse. Then follow the arrows towards the specified parking zones in the finish area.

Total distance: 243km

RESTRICTION ON THE CARAVAN

Km 58.4 - BARBERAZ

Low bridge.

Diversion for vehicles above 3.50m in height at km 57.4



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To be run	Run			Caravan	47kph	45kph	43kph
85.3	99.6	D69	Crossroad D69-D32	13:54	15:42	15:48	15:54
84.5	100.4	D32	Chazey (CHAZEY-BONS)	13:55	15:43	15:49	15:55
79.9	105		Boissieu	14:01	15:49	15:55	16:01
79.7	105.2		Côte de Boissieu 	14:02	15:49	15:55	16:02
78.5	106.4		CONTREVOZ (D32-D41 A)	14:03	15:51	15:57	16:03
74	110.9	D41 A	CHEIGNIEU-LA-BALME (near) (D41 A-D1504)	14:10	15:57	16:03	16:10
73.3	111.6	D1504	ROSSILLON (near)	14:11	15:57	16:04	16:11
70.4	114.5		LA BURBANCHE	14:15	16:01	16:08	16:15
67	117.9		Les Hôpitaux	14:19	16:05	16:12	16:19
66.3	118.6		Cluse des Hôpitaux	14:20	16:06	16:13	16:20
60.4	124.5		TENAY (near)	14:29	16:14	16:21	16:29
59.1	125.8		Le Villars	14:30	16:16	16:23	16:30
58.2	126.7		ARGIS (near)	14:32	16:17	16:24	16:32
54.1	130.8		SAINT-RAMBERT-EN-BUGEY	14:37	16:22	16:29	16:37
52	132.9		SAINT-RAMBERT-EN-BUGEY 	14:40	16:25	16:32	16:40
47.2	137.7		TORCIEU (near)	14:47	16:31	16:39	16:47
44.1	140.8		AMBÉRIEU-EN-BUGEY	14:51	16:35	16:43	16:51
39.9	145		Crossroad D1504-D1075	14:57	16:40	16:48	16:57
31.9	153	D1075	PONT-D'AIN	15:08	16:50	16:59	17:08
27.5	157.4		La Chapelle (SAINT-MARTIN-DU-MONT)	15:15	16:56	17:05	17:15
21	163.9		Crossroad D1075-D64	15:24	17:04	17:13	17:24
19.6	165.3	D64	TOSSIAT (D64-D52)	15:26	17:06	17:15	17:26
17.6	167.3	D52	JOURNANS (near)	15:28	17:09	17:18	17:28
17.3	167.6		Chalix	15:29	17:09	17:18	17:29
16.4	168.5		REVONNAS	15:30	17:10	17:20	17:30
14.8	170.1		CEYZÉRIAT (D52-D979-D52)	15:32	17:12	17:22	17:32
12.1	172.8		Les Soudanières	15:36	17:15	17:25	17:36
12.1	172.8		Cross level n°14	15:36	17:15	17:25	17:36
11	173.9		Les Maisons Rouges	15:38	17:17	17:27	17:38
10.3	174.6		JASSERON (D52-D936)	15:38	17:18	17:28	17:38
5.5	179.4	D936	Crossroad D936-D117 A	15:45	17:24	17:34	17:45
3.3	181.6	D117 A	Crossroad D117 A-D1083	15:48	17:27	17:37	17:48
2.9	182	D1083	BOURG-EN-BRESSE (D1083-D1075) (entry)	15:49	17:27	17:38	17:49
0	184.9	D1075	BOURG-EN-BRESSE 	15:53	17:31	17:42	17:53