







ITINERARY TIMETABLE

KM		STAGE 20		TIMETABLE			
Toberun	Run			Caravan	42kph	40kph	38kph
TERRITOIRE DE BELFORT (90)							
		VC	BELFORT (VC-D83-D465) 	11:30	13:30	13:30	13:30
		D465	VALDOIE (D465-D23-D5)				
133.5	0	D5	BELFORT  	11:45	13:45	13:45	13:45
132.5	1		SERMAMAGNY (D5-D465)	11:47	13:46	13:46	13:47
130.5	3	D465	CHAUX	11:50	13:49	13:49	13:50
127.3	6.2		GIROMAGNY	11:55	13:54	13:54	13:55
127.2	6.3		Cross level n°12	11:55	13:54	13:54	13:55
124.8	8.7		LEPUIX	11:59	13:57	13:58	13:59
121.5	12		Malvaux	12:04	14:02	14:03	14:04
119.5	14		La Goutte du Lys	12:07	14:05	14:06	14:07
118.5	15		Saut de la Truite	12:09	14:06	14:07	14:08
109.5	24		Ballon d'Alsace (1,173m) 	12:23	14:17	14:18	14:20
VOSGES (88)							
100.4	33.1		SAINT-MAURICE-SUR-MOSELLE (D465-N66)	12:37	14:29	14:31	14:33
97.7	35.8	N66	FRESSE-SUR-MOSELLE	12:41	14:33	14:35	14:37
96.3	37.2		FRESSE-SUR-MOSELLE 	12:44	14:34	14:37	14:39
95.3	38.2		LE THILLOT (N66-D486)	12:45	14:36	14:38	14:41
92.4	41.1	D486	LE MÉNIL	12:50	14:40	14:42	14:45
87.7	45.8		Col du Ménil	12:57	14:46	14:49	14:52
85.9	47.6		Travexin	13:00	14:48	14:51	14:54
84.1	49.4		CORNIMONT (D486-VC)	13:03	14:51	14:54	14:57
77	56.5	VC	Col de la Croix des Moinats (891m) (VC-D34) 	13:14	15:01	15:04	15:08
74.8	58.7	D34	Le Raindé	13:18	15:04	15:07	15:12
73.1	60.4		Le Pré de l'Orme	13:20	15:06	15:10	15:14
72.2	61.3		LA BRESSE (D34-D486)	13:22	15:08	15:11	15:16
70.4	63.1	D486	Crossroad D486-VC	13:24	15:10	15:14	15:19
70	63.5	VC	La Roche (near)	13:25	15:11	15:15	15:19
68.6	64.9		Col de Grosse Pierre (901m) 	13:27	15:13	15:17	15:21
67.8	65.7		Col de Grosse Pierre (955m) (near) (VC-D486)	13:29	15:14	15:18	15:23
66.7	66.8	D486	Crossroad D486-C13	13:30	15:15	15:20	15:24
65.8	67.7	C13	La Courbe	13:32	15:17	15:21	15:26
64.2	69.3		Pont du Metty (C13-D34 C)	13:34	15:19	15:23	15:28
63.8	69.7	D34 C	La Tenine	13:35	15:20	15:24	15:29
63.2	70.3		Lac de Lispach	13:36	15:20	15:25	15:30
60	73.5		Vallée de Chajoux-Lispach	13:41	15:25	15:30	15:35
59.1	74.4		Col des Feignes (D34 C-D34 D)	13:42	15:26	15:31	15:36
55.7	77.8	D34 D	Le Collet (XONRUPT-LONGEMER) (D34 D-D417)	13:48	15:31	15:36	15:42
54.1	79.4	D417	Col de la Schlucht 	13:50	15:33	15:39	15:44
HAUT-RHIN (68)							
41	92.5		SOULTZEREN (D417-VC-D417)	14:11	15:46	15:51	15:57
39.1	94.4		STOSSWIHR	14:14	15:47	15:53	15:59
36.2	97.3		MUNSTER (D417-D10)	14:19	15:50	15:56	16:02
35.1	98.4	D10	LUTTENBACH-PRÉS-MUNSTER (D10-VC)	14:20	15:52	15:57	16:04
35	98.5	VC	Cross level n°44	14:20	15:52	15:57	16:04
25.3	108.2		Petit Ballon (1,163m) 	14:36	16:16	16:24	16:32
15.3	118.2		SONDERNACH (near) (VC-D27)	14:52	16:25	16:33	16:42
8.2	125.3	D27	Col du Platzerwasel (1,193m) 	15:03	16:35	16:44	16:54
3.9	129.6		Crossroad D27-D430	15:10	16:53	17:04	17:16
1.4	132.1	D430	Le Markstein (ODEREN, FELLERING, RANSPACH) (entry) (D430-D131-D431G-D27)	15:13	16:52	17:03	17:14
0	133.5	D27	LE MARKSTEIN FELLERING 	15:16	16:54	17:05	17:17

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.6km

CATEGORISED CLIMBS AND SUMMIT FINISHES

-  **km 24 - Ballon d'Alsace**
Climb of 11.5km at 5,2%
-  **km 56.5**
Col de la Croix des Moinats
Climb of 5.2km at 7%
-  **km 64.9 - Col de Grosse Pierre**
Climb of 3.2km at 8%
-  **km 79.4 - Col de la Schlucht**
Climb of 4,3km at 5,4%
-  **km 108.2 - Petit Ballon**
Climb of 9.3km at 8.1%
-  **km 125.3 Col du Platzerwasel**
Climb of 7.1km at 8.4%

RELAIS-ÉTAPE

Parking du Col de la Schlucht
88230 Le Valtin
Km 79.4

ROUTE FOR NON-RACE VEHICLES

Leave from the off-course (hors course) parking zone and follow the neutralised route for 1.5km to the crossroads of the D83 and D483. Take the D83, the D583, the D419 and then leave Belfort on the A36 (joining it at junction 13). Leave the A36 at junction 15 and take the D83, then continue on the N66 to Fellingering. Take the D13 B and then the D27 towards Markstein. Then follow the arrows towards the specified parking zones in the finish area.

Total distance: 77km

RESTRICTIONS ON THE CARAVAN

Km 56.5 et 64.9 - Col de la Croix des Moinats et Col de Grosse Pierre
Narrow and steep roads. Diversion for large vehicles at km 51.1

Km 64.9
Diversion of the Caravan in the neutralised route