

Stage  
**01**






itinerary

**PORT RASHID - DUBAI HARBOUR**

km 109

Thursday, 9 February 2023

D = 100 m

Elevation			DISTANCE			Timetable		
			leg	run	to be run	km/h		
						42	40	38
<b>ABU DHABI</b>						>>>>		
	<b>2</b>	<b>PORT RASHID</b>	↑	<b>Start Village</b>	<b>4.6</b>	<b>13.35</b>	<b>13.35</b>	<b>13.35</b>
	<b>2</b>	<b>PORT RASHID</b>	↑	<b>km 0</b>	<b>0.0</b>	<b>0.0</b>	<b>109.0</b>	<b>13.45</b> <b>13.45</b> <b>13.45</b>
	2	Deira	↩	103 Rd-Baniyas Rd	4.4	4.4	104.6	13.51 13.51 13.51
	2	Dubai Chambers	↩	Baniyas Rd- D83	5.3	9.7	99.3	13.58 13.58 13.59
	2	Dubai Festival City	↩	D83	7.7	17.4	91.6	14.09 14.10 14.11
	24	Mushrif Park	↩	D83-D54	6.4	23.8	85.2	14.19 14.21 14.22
	38	Dubai Safari Park	↑	D54	5.7	29.5	79.5	14.28 14.30 14.33
	35	International City	↩	D67	4.7	34.2	74.8	14.35 14.37 14.40
	8	Ras Al Khor	↩	E44	7.6	41.8	67.2	14.45 14.48 14.52
	3	Nad al Sheba	↩	D69	9.6	51.4	57.6	14.59 15.02 15.06
	<b>3</b>	<b>Meydan Racecourse</b>	↑	<b>D69</b>	<b>3.6</b>	<b>55.0</b>	<b>54.0</b>	<b>15.04</b> <b>15.08</b> <b>15.12</b>
	3	Al Khail Rd Interchange	↑	D69	3.5	58.5	50.5	15.08 15.13 15.17
	6	Safa Park	↩	Al Wasl Rd	3.8	62.3	46.7	15.15 15.19 15.24
	3	Umm Suqeim	↩	D63	8.1	70.4	38.6	15.26 15.31 15.37
	5	Al Khail Rd Interchange	↩	D63	4.9	75.3	33.7	15.34 15.39 15.45
	22	Sh. Mohammed Bin Zayed Rd Interchange	↑	D64	5.7	81.0	28.0	15.43 15.49 15.56
	22	Damac Hills	↑	D54-D61	2.7	83.7	25.3	15.46 15.53 16.00
	<b>21</b>	<b>Dubai Sports City</b>	↩		<b>4.2</b>	<b>87.9</b>	<b>21.1</b>	<b>15.52</b> <b>15.59</b> <b>16.06</b>
	10	Ins. E311	↩	E311	4.7	92.6	16.4	15.58 16.05 16.13
	15	Jumeirah Circle Village	↑	Hessa St.-D61	4	96.6	12.4	16.05 16.12 16.20
	4	King Salman Bin Abdulaziz Al Saud St	↩	D94	8.3	104.9	4.1	16.15 16.23 16.31
	<b>3</b>	<b>DUBAI HARBOUR</b>	↑		<b>4.1</b>	<b>109.0</b>	<b>0.0</b>	<b>16.21</b> <b>16.29</b> <b>16.37</b>

## NOTE:

Intermediate Sprint:

km 55 Meydan Racecourse

km 87.9 Dubai Sports City



Tunnel: km



Level Crossing: km