

Stage
02
itinerary

AL DHAFRA CASTLE - AL MIRFA


km 133


Friday, 10 February 2023


D = 100 m

Elevation			DISTANCE			Timetable		
			leg	run	to be run	km/h		
						42	40	38
ABU DHABI						>>>>>		
	105	AL DHAFRA CASTLE	↑	Start Village	1.1	13.05	13.05	13.05
	100	AL DHAFRA CASTLE	↑	km 0	0.0	13.10	13.10	13.10
	95	Al Dhafra Rd	↑	to Madinat Zayed	7.6	13.20	13.21	13.21
	118	Al Bday'ah St	↔	Al Furosiyyah St - Bad' Saif St - Al Khameelah	18.1	13.49	13.51	13.53
	114	Madinat Zayed	↑	E45	8.4	14.01	14.03	14.06
	122	Al Marabi' St	↔		5.7	14.10	14.13	14.16
	118	Mohammed Khalaf Al Mazrouei St	↑	Mohamed Al Falahi Al Yasi Rd	8.9	14.22	14.25	14.30
	117	Rndb. Ins. E13	↑	E13	6.4	14.31	14.35	14.39
	123	Rndb Ins. Bu Hasah Rd	↑	Bu Hasah Rd	20.6	15.03	15.09	15.16
	104	Habshan Camp	↑	Bu Hasah Rd	11.5	15.19	15.26	15.33
	95	Rndb Ins. Mohamed Al Falahi Al Yasi Rd	↑	Mohamed Al Falahi Al Yasi Rd	2.7	15.22	15.29	15.37
	20	Rndb Ins. Mohamed Al Falahi Al Yasi Rd	↑	Mohamed Al Falahi Al Yasi Rd	35.5	16.10	16.19	16.29
	8	E11 Interchange	↑	Al Shaheed Ahmed Khamis Al Hammadi St	1.9	16.12	16.22	16.32
	7	AL MIRFA	↑	Qassar Al Mighayra St.	5.7	16.20	16.30	16.40

NOTE:

 Intermediate Sprint:
km 34.1 Madinat Zayed
km 87.2 Habshan Camp

 Tunnel: km

 Level Crossing: km