






Stage
03**HAZZA BIN ZAYED STADIUM - JEBEL HAFEET**

km 107

itinerary

Saturday, 11 February 2023

D = 1200 m

Elevation			DISTANCE			Timetable		
			leg	run	to be run	km/h		
						38	36	34
DUBAI						>>>>		
	287	HAZZA BIN ZAYED STADIUM	↑	Start Village	1.9	13.25	13.25	13.25
	285	HAZZA BIN ZAYED STADIUM	↑	km 0	0.0	0.0	107.0	13.30
	252	Hazza Ibn Sultan St	↪	138th - 111th	1.8	1.8	105.2	13.33
	272	Al Ain Intl. Airport	↑	Al Khaleej Al Arabi St	7.6	9.4	97.6	13.44
	220	Al Salamat	↑	127th St - Hamdan Bin Mohammad S	7.7	17.1	89.9	13.55
	250	Hazza Ibn Sultan St	↪	138th	9.5	26.6	80.4	14.10
	246	UAE University	↪	Shakhboot Bin Sultan St	3.3	29.9	77.1	14.14
	226	Khalifa bin Zayed St. Interchange	↑	Shakhboot Bin Sultan St	8.2	38.1	68.9	14.25
	198	Abu Dhabi - Al Ain Truck Rd	↪	E30	8.9	47.0	60.0	14.37
	183	Abu Dhabi - Al Ain Truck Rd - U-Turn	↻	E30	10.8	57.8	49.2	14.52
	198	E30 x Shakhboot Bin Sultan St Interchange	↑	E30	10.9	68.7	38.3	15.09
	218	Zakher Lake	↑	E30	11.0	79.7	27.3	15.26
	220	Ins. Ni'mah Rd.	↑	E40	4.5	84.2	22.8	15.33
	232	Ins. Jebel Hafeet St	↑	Jebel Hafeet St	4.3	88.5	18.5	15.39
	263	Green Mubazzarah	↪		4.8	93.3	13.7	15.47
	286	Jebel Hafet Park	↪		1.9	95.2	11.8	15.50
	312	Jebel Hafeet Rd	↑	Climb Starts	1.1	96.3	10.7	15.51
	1025	JEBEL HAFEET	↑		10.7	107.0	0.0	16.19

NOTE:



Intermediate Sprint:

km 29.9 UAE University

km 93.3 Green Mubazzarah



Tunnel: km



Level Crossing: km