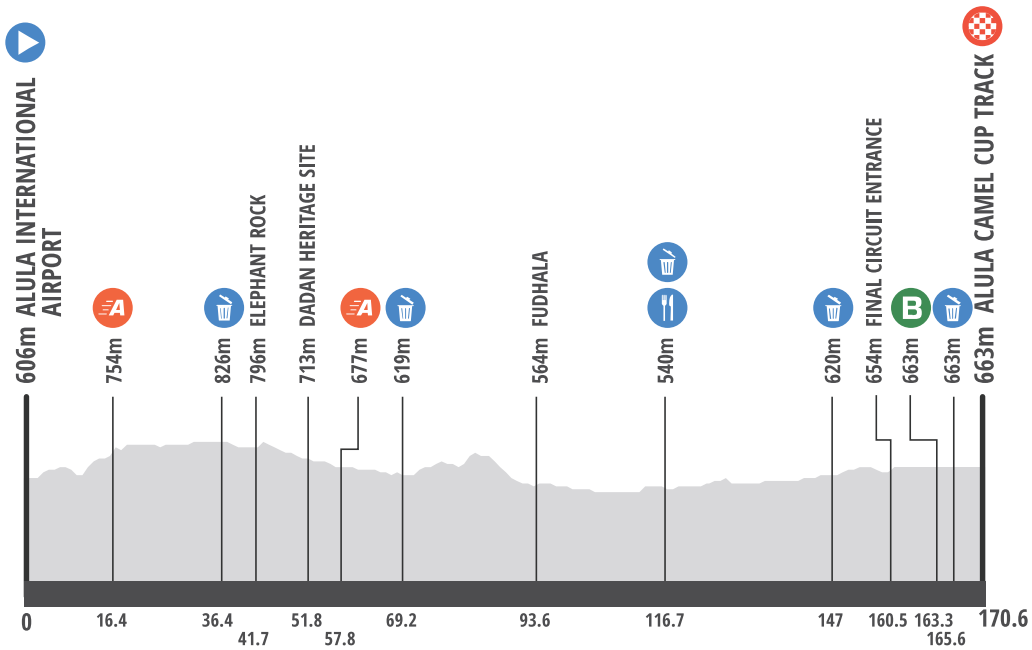


# STAGE 3

## STAGE PROFILE



KILOMETRES		STAGE 3 ITINERARY TIMETABLE	TIMETABLE			
TO COVER	COVERED		44 KM/H	42 KM/H	40 KM/H	
MADINAH						
		ALULA INTERNATIONAL AIRPORT	NEUTRALISED START	12:05	12:05	12:05
170.6	0	ALULA INTERNATIONAL AIRPORT	OFFICIAL START	12:10	12:10	12:10
154.2	16.4	INTERMEDIATE ACTIVE SPRINT	(A)	12:32	12:33	12:35
144.7	25.9	QA'A ALHAJ		12:45	12:47	12:49
134.2	36.4	LITTER COLLECTION ZONE	(L)	13:00	13:02	13:05
128.9	41.7	ELEPHANT ROCK		13:07	13:10	13:13
118.8	51.8	DADAN HERITAGE SITE		13:21	13:24	13:27
112.2	57.8	INTERMEDIATE ACTIVE SPRINT	(A)	13:29	13:32	13:37
101.4	69.2	LITTER COLLECTION ZONE	(L)	13:44	13:49	13:54
77	93.6	FUDHALA		14:18	14:24	14:30
53.9	116.7	FEEDING ZONE	(F) (L)	14:49	14:57	15:05
32.8	137.8	ALMUGHAYRA		15:18	15:27	15:37
23.6	147	LITTER COLLECTION ZONE	(L)	15:30	15:40	15:50
10.1	160.5	FINAL CIRCUIT ENTRANCE		15:48	15:58	16:10
7.3	163.3	BONUS SPRINT	(B)	15:52	16:03	16:15
5	165.6	LITTER COLLECTION ZONE	(L)	15:56	16:07	16:19
0	170.6	ALULA CAMEL CUP TRACK	(C)	16:03	16:15	16:27