

HEALTH PARTNERS STAGE 3

THURSDAY 18 JANUARY 2024

ROUTE / TEA TREE GULLY TO CAMPBELLTOWN

DISTANCE / 145.3KM

START / 1110 HOURS

POINT TO POINT

TIME 38KM	TIME 40KM	TIME 42KM	LOCATION	KM TRAVELLED	KM TO GO
1110	1110	1110	Start Race Neutral North East Road, Tea Tree Gully at The Gully Public House and Garden - heading east	0.0	0.5
1111	1111	1111	End Race Neutral North East Road, Tea Tree Gully near Newman's Nursery	0.5	0.0
1111	1111	1111	Start Race North East Road, Tea Tree Gully near Newman's Nursery	0.0	145.3
1114	1114	1114	efex King of the Mountain #1 - Tea Tree Gully Hill (category 3) Distance: 2.1km, Total Ascent 124m, Maximum Gradient: 15.6%, Average Gradient: 6.0% Left turn on to Range Road North, Houghton	2.1	143.2
1122	1122	1121	Right turn on to Seaview Road, Upper Hermitage	7.5	137.8
1125	1124	1124	Sharp right turn on to One Tree Hill Road, One Tree Hill Caution - Sharp Descending Turn	9.2	136.1
1127	1126	1125	One Tree Hill Road, Gould Creek Caution - Narrow Bridge	10.3	135.0
1130	1129	1128	Left turn to stay on One Tree Hill Road, Gould Creek	12.1	133.2
1138	1136	1135	Continue Straight at the roundabout on to Humbug Scrub Road, Sampson Flat	17.2	128.1
1149	1147	1145	Left turn to stay on to Humbug Scrub Road, Kersbrook	24.3	121.0
1155	1153	1151	Humbug Scrub Road, Williamstown Caution - Sharp Descending Turn	28.0	117.3
1155	1153	1151	Humbug Scrub Road, Williamstown Caution - Ford Crossing	28.1	117.2
1156	1154	1152	Veer right on to Para Wirra Road, Williamstown	29.1	116.2
1201	1158	1156	Left turn on to Yettie Road, Williamstown	31.9	113.4
1205	1202	1200	efex King of the Mountain #2 - Whispering Wall Climb (category 4) Distance: 1.7km, Total Ascent 36m, Maximum Gradient: 5.6%, Average Gradient: 2.1% Yettie Road near Harveys Quarry Road, Williamstown	34.6	110.7
1208	1205	1202	Veer left on to Williamstown Road, Cockatoo Valley Start Clean Zone	36.1	109.2
1208	1206	1203	Yettie Road near #363, Cockatoo Valley End Clean Zone	36.6	108.7
1214	1211	1208	Williamstown Road, Sandy Creek Caution - Rail Crossing (Not Active)	40.1	105.2
1214	1211	1208	Right turn on to Barossa Valley Way, Sandy Creek	40.2	105.1
1224	1221	1217	Ziptrak® Sprint #1 Barossa Valley Way, Lyndoch near Sunrise Bakery & Cafe	46.8	98.5
1225	1221	1218	Veer slight right on to Lyndoch Valley Road, Lyndoch	47.0	98.3
1226	1222	1218	Lyndoch Valley Road, Lyndoch Caution - Rail Crossing (Not Active)	47.5	97.8
1226	1222	1219	Lyndoch Valley Road, Lyndoch Caution - Narrow Bridge	47.6	97.7

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1237	1233	1229	Lyndoch Valley Road becomes Queen Street at Memorial Drive, Williamstown	54.9	90.4
1238	1233	1229	Veer left on to Mount Crawford Road, Williamstown	55.2	90.1
1238	1233	1230	Mount Crawford Road, Williamstown Caution - Bridge	55.3	90.0
1238	1234	1230	Mount Crawford Road at Wild Street, Williamstown Start Clean Zone	55.5	89.8
1239	1234	1230	Mount Crawford Road at Carlisle Street (east), Williamstown End Clean Zone	55.9	89.4
1240	1235	1231	Left turn on to Springton Road, Williamstown	56.4	88.9
1254	1249	1244	Springton Road, Pewsey Vale Caution - Bridge	65.6	79.7
1308	1302	1257	Springton Road becomes Williamstown Road at L Staricks Road, Springton	74.6	70.7
1309	1304	1258	Right turn on to Eden Valley Road, Springton	75.3	70.0
1310	1304	1258	Eden Valley Road, Springton Caution - Bridge	75.4	69.9
1321	1315	1309	Eden Valley Road becomes Melrose Street at Angas Valley Road, Mount Pleasant	82.8	62.5
1323	1316	1310	Ziptrak® Sprint #2 Melrose Street, Mount Pleasant at Mount Pleasant Bakery & Cafe	83.6	61.7
1323	1317	1311	Feed Zone Melrose Street, Mount Pleasant at Joseph Street	84.0	61.3
1325	1318	1312	Right turn on to Cricks Mill Road, Mount Pleasant Start Clean Zone	85.1	60.2
1325	1319	1313	Cricks Mill Road, Mount Pleasant Caution - Ford Crossing End Clean Zone	85.4	59.9
1339	1332	1325	Right turn on to Warren Road, Mount Crawford	94.1	51.2
1341	1333	1327	Warren Road, Mount Crawford Caution - Bridge	95.3	50.1
1346	1338	1331	Warren Road, Mount Crawford Caution - Bridge	98.3	47.0
1353	1345	1338	Warren Road becomes Mount Crawford Road at Springton Road, Williamstown	103.1	42.2
1355	1347	1339	Mount Crawford Road, Williamstown Caution - Bridge	104.2	41.1
1354	1346	1339	Mount Crawford Road at Carlisle Street (east), Williamstown Start Clean Zone	103.6	41.7
1355	1347	1339	Mount Crawford Road at Wild Street, Williamstown End Clean Zone	104.0	41.3
1355	1347	1340	Left turn on to Victoria Terrace, Williamstown	104.3	41.0
1356	1348	1341	Victoria Terrace, Williamstown Caution - Bridge	105.1	40.2
1357	1349	1341	Victoria Terrace becomes South Para Road at South Terrace, Williamstown	105.3	40.0
1401	1353	1345	South Para Road, Williamstown Caution - Bridge	108.0	37.3

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1417	1408	1359	South Para Road becomes Scott Street at Memorial Court, Kersbrook	118.2	27.1
1418	1409	1400	Scott Street at Kersbrook Town Hall, Kersbrook	118.7	26.6
1418	1409	1400	Scott Street becomes South Para Road at High Street, Kersbrook	118.9	26.4
1426	1416	1407	Right turn on to North East Road, Chain of Ponds	123.7	21.6
1426	1417	1408	Left turn on to Tippett Road, Chain of Ponds	124.0	21.3
1430	1420	1411	Sharp right turn on to Gorge Road, Chain of Ponds Caution - Sharp Descending Turn	126.2	19.1
1431	1421	1412	Gorge Road, Cudlee Creek Caution - Narrow Bridge	126.8	18.5
1436	1426	1416	Gorge Road, Millbrook Caution - Bridge	130.1	15.2
1442	1432	1422	Gorge Road, Paracombe at Kangaroo Creek Reservoir Lookout	134.0	11.3
1446	1435	1425	Gorge Road, Paracombe Caution - Bridge	136.3	9.0
1447	1436	1426	Gorge Road, Castambul Caution - Bridge	137.1	8.2
1449	1438	1429	Gorge Road, Montacute Caution - Sharp Descending Turn	138.6	6.7
1453	1442	1432	Gorge Road, Montacute Caution - Sharp Descending Turn	140.7	4.6
1500	1449	1438	Race Finish 246 Gorge Road, Athelstone	145.3	0.0
APPROXIMATE RACE DURATION: 3 HOURS 39 MINUTES					